

Minutes of the Mental Health Specialty Training Board meeting held on Monday 12

December 2016, at 10.30am, Room 3, Westport, Edinburgh

Present: Rhiannon Pugh (RP) Chair, Tom Carey (TC), Alice McGrath (AMG), Norman Nuttall (NN), Jackie Pickett (JP), John Russell (JR), Perminder Sihra (PSi)

Videoconference: Andrew Bailey (AB), Margaret Bremner (MB), Rob Gray (RG), Rekha Hegde (RH), Nick Hughes (NH), Seamus McNulty (SMN), Stuart Ritchie (SR), Theresa Savage (TS), John Taylor (JT)

Apologies: Richard Coleman (RC), John Crichton (JC), Euan Easton (EE), Fiona Drimmie (FD), Ronald MacVicar (RMV), Dianne Morrison (DM), Karen Shearer (KS), Chris Sheridan (CS), Shona Walker (SW)

In attendance: Daniel Bennett (DB), Luke Boyle (LB), Clare McKenzie (CMK), Paola Solar (PS)

Item	Lead
<p>1. Welcome and apologies</p> <p>The group were welcomed to the meeting and the apologies were noted. A special welcome was given to Nick Hughes (NH), new Core Psychiatry TPD in the East, Stuart Ritchie (SR), new National OAP TPD, and Perminder Sihra (PSi), new SAS doctors representative.</p> <p>Daniel Bennett (DB) was deputising for John Crichton (JC), and Luke Boyle (LB) deputised for Chris Sheridan (CS)</p>	
<p>2. Mental Health STB Minutes 10.10.16</p> <p>The minutes of the previous meeting were approved as a correct record.</p> <p>Under 3.4 STC, it was clarified that RAs can be Chairs of the STC when there is no TPD.</p> <p>RP noted that Neil Masson will be the new rep for General Adult Psychiatry.</p>	
<p>3. Matters Arising</p> <p>3.1. National Programmes To note that this will be a standing item in the future.</p> <p>3.2. Shape of Training update It was noted that the UK Steering Group is meeting with the Colleges. Medicine and Surgery are the specialties that are being discussed at the moment.</p> <p>3.3. AMP Training Update The letter from Scottish Government had been circulated to the Board. The letter indicates that by 31.12.19 AMP refresher training will be mandatory.</p> <p>MB had attended the Steering Group. Part 1 is nearly ready and Part 2 will be ready for February courses for people who have just passed CASC. Development of the Refresher course is in progress.</p>	Agenda

- 3.4. GMC Form B approval
 KS had circulated the drafted sentences to the group for comments. She will re-circulate them for final agreement. Any comments to be sent to PS or RP. **KS**
- CMK noted that TPM team leads have to liaise with the STBs to make sure all placements are accurately displayed in the GMC List of approved sites. If any TPD finds that there are sites not on the approved GMC list, they have to let the TPM lead know. The link to the full list of GMC approved sites:
<http://www.gmc-uk.org/education/28373.asp>
- The four national TPDs will get together to look at the process of approval for the new national programmes, with the TPM Lead and RP. JR will organise the meeting. **JR**
4. **E&D Outcomes 2017-2021**
 The Board had received the E&D Objectives paper for information. CMK explained that these are outcomes for the whole organisation but there are some that are particularly relevant to Medicine. The paper is still in draft form so if there are any comments please send them to PS or RMV.
5. **Recruitment**
- 5.1. CT Recruitment
- 5.2. ST Recruitment
 Recruitment for both Core and Higher training continues to be irregular. The next round of CT1 interviews will take place on 23 and 24 January. ST4 interviews will take place in Manchester in the spring. JR noted that there was a proposal to expand the ePortfolio station and remove Audit from the interviews, but this will be trialled first in 2017. JR will liaise with Tracy Hicks to make sure that there are enough interviewers.
- 5.3. International Medical Training Fellowship
 It was clarified that IMTF is a process led by the Scottish Government, who ask the Health Boards to submit their bids for this fellowships, funded by the own Health Boards. Once the Scottish Government has collated all the bids, they pass them to the STBs for them to give the bids their approval in regards to educational capacity.
- These are not trainees, so there are no ARCPs, but NES strives to give them a satisfactory education experience. Anne Dickson will be asked to send the IMTF guidance to the STB. **RP**
- This item will be kept on the agenda. **Agenda**
- 5.4. SMT Website
 RP had spoken to the website development team. They cannot add many more photos to the recruitment page.
- JR noted that some of the links in ScotMT direct to old information. The National TPDs were asked to double-check that all the information and links in the website are up to date and email inaccuracies to RP. **Nat TPDs**

LB noted that GP are doing very good marketing, with lots of presence in social media. If anyone has ideas to improve Psychiatry's marketing, please email RP. RP will also talk with William Reid, who is leading the StART initiative.

5.5. Units of Application

It was confirmed that each region can be a separate unit of application. JR will chase this up for the next recruitment round. National programmes can also offer four regions.

JR

6. **Workforce**

There were no updates.

7. **Dual Training**

7.1. Forensic and Psychotherapy

DB noted that there had been a few initial admin issues but they were solved now.

7.2. Other Dual posts

Old Age and General Adult Psychiatry are going to the next national recruitment.

8. **QM/QI**

TS reported that the QRP in September had gone very well. There are not many visits set yet. The dates and sites will be communicated to the DMEs and they will cascade to the TPDs.

The visit to St John's had identified several examples of good practice, including the use of WhatsApp by trainees to facilitate handover. The Murray hospital visit was also done and the report was still in draft form.

9. **Simulation and Psychiatry**

NN noted that there is one Fellow doing work on ECT Simulation for trainees in Edinburgh RI and St John's.

CMK chairs the NES Simulation group and has met with specialties' reps and Simulation centre reps. She highlighted that anything offered to trainees for the curriculum must be made available to all Scotland and not just one region.

This item will be kept on the agenda.

Agenda

10. **Heads of School**

The main issue discussed at the last meeting had been recruitment.

11. **ETSC update**

JR gave the highlights:

- CASC examinations – IMG working overseas do better than IMGs in programme in the UK.
- WPBA – the number of WPBA required in ST4 is variable by specialty. UK schools can also specify the number of WPBA required. They are also looking into increasing the pool of people able to do WPBA.

The Board discussed this at length as the general feeling was that currently very few WPBA are done by consultants. There is no guidance in the curriculum as to the number of WPBAs that need to be done by a

consultant. Nurses and SAS doctors are also eligible to do WPBAs but there is no training available. JR will email Nicki Cochran to clarify what banding nurses have to be to do WPBA, and will also ask about training.

JR

Although it is good to have other professions' input, the Board agreed that they can guide trainees to prefer consultants for the large majority of their WPBAs. JR will get a formal College opinion on it to see if it is possible to clarify this in the curriculum. He will also be in touch with the rest of TPDs in Scotland to see how they are doing it.

JR

12. Updates

12.1. LDD / MDET highlights

CMK gave a few highlights from the last MDET meeting:

- GMC visit 2017 – a list of specialties and sites to be visited will be available early in the new year.
- Proposal to initiate Broad-based Training in Scotland from August 2018. It would be a 4 rotation programme including Psychiatry at ST1. Negotiations are ongoing. The posts would come from vacancy factor posts. These have different names in different Health Boards. SJDC will be invited to attend future meetings.
- The new ARCP process is being implemented in the winter ARCPs. Feedback will be collected and the guidance updated if required. It was noted that the vast majority of unsatisfactory ARCPs will be well known before the panel meets.

12.2. Specialties

- GAP – no issues
- Psychotherapy (Nat programme) – The new National TPD will be invited to the STB. RP confirmed that MDET were happy for the Psychotherapy CBT post in the West to be converted to a Dynamic post. RP will email Andrea Williams formally to confirm this.
- OAP (Nat programme) – The national programme was approved by the GMC for February recruitment. There are no trainees yet, but 25 vacancies will be put to advert, with 13 of them in August for national recruitment.
- ID (Nat programme) – 3 vacancies not recruited will go to the next round of recruitment.
- Forensic Psychiatry (Nat programme) – No major issues
- CPT – Advert for LATs in the South East. Trainees from the East will be joining the South East MRCPsych curriculum course
- CAP (Nat programme) – The GMC approval letter has been received. There is one trainee in the West already. 9 vacancies are going to recruitment in February. Two applicants for the SCREDS posts were non-appointable.

RP

12.3. Medical Managers

No update.

12.4. Academic

Two PsySTAR fellows have gone back into clinical training while writing their PhDs. MB noted that they hope to advertise SCREDS posts in the North for August 2017 intake from General Adult.

12.5. BMA

There is no update.

12.6. Trainee

AB informed that there is a project looking into how supported and valued trainees feel during training. A report will be issued in January.

There is also an ongoing survey about retention of ST3 to ST4 trainees.

12.7. Specialty Doctor

PSi reported that there are lots of talks about recruitment and retention. There is a drive in Grampian to re-open the Associate Specialist grade, but this still under negotiation. There is a lot of interest from other Health Boards so if it works in Grampian it may be expanded elsewhere. The grade is to be re-opened under the old T&Cs. It has already been done in England with great success.

12.8. STARG

RP will be chairing the group from now on.

13. Papers for information

No additional papers were received for information.

14. AOB

14.1. Foundation

RP, John Mitchell (SG Mental Health adviser) and College reps are meeting with Duncan Henderson and RMV to look at increasing numbers of Foundation trainees in Psychiatry.

14.2. Supervision

Supervision guidance had been distributed to TPDs from NES, but after some discussion the Board agreed that it seemed like the guidance was directed at Medical specialties and was not appropriate for Psychiatry. For example, it is not possible to implement in ST4 Forensic Psychiatry. If it is to be adopted, it will need more careful wording. RP will write to MDET to indicate that the guidance as it stands is not relevant for Psychiatry ST4. She will share with the Board for comments before sending to MDET.

RP

14.3. ARCP guidance

MB queried the guidance about ARCP required evidence in the Scotland deanery website. This refers to Level 1 Supervisor's report. The Board had discussed this some time ago and had agreed on at least one report at Level 2. RP will write to Anne Dickson to clarify.

RP

15. Date of next meetings

27 February 2017, 10.30am, Room 3, Westport, Edinburgh

12 June, 10.30am, Room 6, 2 Central Quay, Glasgow

18 September, 10.30am, Room 2, Westport, Edinburgh

04 December, 10.30am, Room 6, 2 Central Quay, Glasgow

Item No.	Item Name	Action	Lead
3.1	Matters arising: national programmes	To make national programmes a standing item of the agenda	Agenda
3.4	Matters arising: GMC Form B approval	To circulate the paragraph to the Board for final approval To organise a meeting of the national TPDs and RP to look into national programmes list of approved sites	KS JR
4.4	Recruitment: IMTF	To ask Anne Dickson to distribute the IMTF guidance to the STB To keep item on agenda	RP Agenda
4.5	Recruitment: ScotMT website	To check website for inaccuracies and let RP know	National TPDs
4.6	Recruitment: Units of Application	To take forward decision on units of application by specialty	JR
9	Simulation and Psychiatry	To keep item on agenda	Agenda
11	ETSC update	To clarify banding of nurses who can do WPBA and get information about training To clarify with the College guidance about number of WPBAs done by consultants To check differences in WPBAs with TPDs	JR JR JR
12.2	Updates: Specialties Psychotherapy	To let Andrea Williams know that the Psychotheray CBT post can be changed to dynamic	RP
13.2	AOB: Supervision paper	To draft a letter to MDET indicating that the guidance as it stands is not relevant to Psychiatry ST4, and distribute to Board for comments.	RP
13.3	AOB: ARCP guidance	To clarify with Anne Dickson the guidance for ARCP requirements in the website	RP