

Minutes of the Mental Health Specialty Training Board meeting held on Monday 10

October 2016, at 10.30am, Room 6, 2 Central Quay, Glasgow

Present: Rhiannon Pugh (RP) Chair, Tom Carey (TC), John Crichton (JC), Fiona Drimmie (FD), Euan Easton (EE), Rob Gray (RG), Rekha Hegde (RH), Alice McGrath (AMG), Seamus McNulty (SMN), Jackie Pickett (JP), John Russell (JR), Chris Sheridan (CS), John Taylor (JT), Shona Walker (SW)

VC: Margaret Bremner (MB), Ronald MacVicar (RMV), Dianne Morrison (DM), Norman Nuttall (NN), Karen Shearer (KS)

Apologies: Nick Hughes (NH), Jane Naismith (JN), Stuart Ritchie (SR), Theresa Savage (TS).

In attendance: Paola Solar (PS)

Lead

1. Welcome and apologies

The Board members introduced themselves and were welcomed to the meeting. A special welcome was given to new reps Fiona Drimmie, Associate Dean for Mental Health, and Alice McGrath, new National TPD for CAP.

The apologies were noted.

2. Mental Health STB Minutes 20.06.16

The minutes of the previous meeting were approved as a correct record. All the action points had been completed or were on the agenda.

3. Matters Arising

3.1. National Programmes

Stuart Ritchie is the new National TPD for OAP. There are some formal meetings in place.

AMG is the new TPD for Child and Adolescent Psychiatry (CAP).

Location of ARCPs for national programmes was discussed as SMN mentioned that OAP were planning to have one day for the West ARCPs and another day for the other regions. Other national programmes will hold ARCPs in one day in the deanery where the specialty is managed, via VC, and it was agreed that OAP would follow suit with all ARCPs being held in the West.

3.2. Shape of Training update

Work is ongoing. Keep on the agenda.

3.3. AMP Training Update

MB reported that the last Steering group had taken place on 14 Sept. The pilot started on 16 September, ahead of plan. The next step was to identify trainers in the regions and train them and develop faculty. The Medical Managers group is taking this forward.

Keep on the agenda.

3.4. Specialty Training Committees

The new composition of STCs and template agendas had been circulated widely. The Board agreed that it is important to continue to have representation from across all specialties and training grades locally in the STCs as well as CPT and GAP which will continue to be managed regionally through the STC structure.

Although the Board were happy with the composition and agenda, there was some concern about how decisions are made and communicated by NES to the specialties. It was felt that a consultation period would have been appropriate on this occasion. KS noted that the STC composition was based on the existing guidance. If anybody has any comments about either, they can feed them back to Rosie Baillie.

ALL

RMV noted that the document was ambiguous enough to allow for Regional Advisers to be Chairs of the STCs if that had been the previous arrangement. As long as the Chair has appropriate overview of the specialty and runs the committee according to NES requirements, RMV would have no problem with it.

The regions were asked to provide RP and RMV with their preferences for STC Chairs.

TPDs

3.5. ST OA Psychotherapy competencies

SMN is working with the RCPsych to clarify the competencies. This item can be taken off the agenda.

3.6. Clinical Supervisors not on the Specialist Register

RMV had written to the GMC and copied the College. The GMC is going to look into it.

3.7. GMC Form B approval

RMV and RP had taken this to MDET who confirmed the advice to follow the GMC recommendation and fill in Form B for placements of 2 sessions a week or above.

The Board discussed briefly what to do about unplanned placements. RMV indicated that in any case there needs to be consistency across regions and specialties. The Board agreed that there will be no Form Bs for unplanned, unpredictable placements such as those which may occur OOH. KS will draft a paragraph to clarify this and will send to RP and the Board for feedback.

KS

4. Recruitment

4.1. CT Recruitment

CT Round 2 Recruitment was held in Manchester and Budapest. Unfortunately, only 3 candidates were deemed appointable at the Budapest interviews, so it had been decided that this path was not cost-effective.

Interviews for August 2017 entry will take place on 23/24 January in Dundee.

4.2. ST Recruitment

ST4 recruitment will take place in March.

4.3. International Medical Training Fellowship

The group felt that it was worth keeping an eye on this fellowship.

4.4. Scotland as one Unit of Application

The Board agreed to try to make preferencing available earlier in the application process for 2018, to see if this improves recruitment. JR will take forward with the Recruitment Team, taking into account individual specialties preferences.

JR

It is crucial to have more engagement from regions, in order to improve the way Scotland is put forward. RP will contact Fiona Muchet to see what can be done and how promotional are we allowed to be in the ScotMT website.

RP

5. **Workforce**

SMN had been contacted by the Clinical Director of OAP in the North region asking for the possibility of giving up one NTN to support the establishment of a new consultant post, since there are chronic OAP trainee recruitment difficulties in the region. SMN had replied, and the group agreed, that it is not possible to do this.

6. **Dual Training**

6.1. Forensic and Psychotherapy

JC indicated the need to clarify responsibilities of training support for the specialties as there has been some confusion due to lack of communication.

6.2. Other Dual posts

OA and GAP are in the process of obtaining GMC approval but they will not be ready on time for February. It was noted that one specialty is managed regionally and the other nationally, in different regions.

7. **QM/QI**

RMV reported that the Mental Health QRP took place on 2 September. They looked at a range of data and decided on a number of visits for next year.

8. **Simulation and Psychiatry**

There is one College Fellow working on Simulation in Psychiatry in Scotland, using the Single Deanery structure to pull resources.

In the East region Professor Kerr has been appointed to work one day per week on Clinical Skills.

Keep this item on the agenda.

9. **Heads of School**

The last meeting was cancelled so there was no report.

10. **ETSC update**

JR attended the 30 Sept meeting and will forward the notes to the Board for information. The main point discussed was WPBA as Clare McKenzie is looking into standardising the number of WPBAs required across all regions, which currently is 12 WPBA and 6 Reflective practice, as per the curricula. All TPDs are asked to check the curriculum and let Clare know if there are any differences. Trainees need to be informed ASAP if there are any changes to next August's ARCPs.

TPD

11. **Updates**

11.1. LDD / MDET highlights

RMV reported the work done regarding the TPD sessions and re-appointments. Some of them had not gone as smoothly as expected and for that he apologised.

MDET is working towards the GMC visit next year. They will know in a few months what specialties will be looked at.

11.2. Specialties

- GAP – No rep. RP will look for a new rep for the STB.
- Psychotherapy – dual post CBT and GAP in the West region advertised 4 times but never filled. Trainer about to retire. Requested to change post from CBT to Psychodynamic and GAP, and review in a few years.
- OAP – no update
- ID – no update
- Forensic Psychiatry – no update
- CPT – no update
- CAP – no update

RP

11.3. College

Nil that had not already been covered on the agenda.

11.4. Medical Managers

No update

11.5. Academic

No representative

11.6. BMA

Regional pilots in Scotland for Surgery and Shape of Training have been discussed, but still not decided.

11.7. Trainee

CS reported that the BMA believes that the Junior Doctors contract issues in England will very likely affect recruitment in Scotland.

No other trainee representatives.

11.8. Specialty Doctor

Dr Perminder Sihra will be the new Specialty Doctor rep on this Board.

11.9. STARG

No update.

12. Papers for information

There were no papers received for information.

13. AOB

There were no other businesses.

14. Date of next meetings

Monday 12 December 2016, 10.30am, Room 3, Westport, Edinburgh

Meeting dates 2017

27 February, 10.30am, Room 3, Westport, Edinburgh

12 June, 10.30am, Room 6, 2 Central Quay, Glasgow

18 September, 10.30am, Room 2, Westport, Edinburgh

04 December, 10.30am, Room TBC, 2 Central Quay, Glasgow

Action points

Item No.	Item Name	Action	Lead
3.4	MA: Specialty Training Committees	To send any comments regarding STC composition and agenda to Rosie Baillie	ALL
		To send to RP and RMV preferences for STC Chairs	TPDs/RAs
3.6	MA: GMC Form B approval	To draft a paragraph clarifying that there is no need for a Form B GMC approval for unplanned placements, and to send to Board for comments.	KS
4.4	Recruitment: Scotland Unit of Applications	To work with recruitment team to make sure regional preferencing is done earlier in the application process	JR
		To contact Fiona Muchet to discuss ways to promote Scotland regions in ScotMT website	RP
10	ETSC Update	To check curricula and email Clare McKenzie with any differences	TPDs
11.2	Updates: Specialties	To look for a new GAP rep for the Board	RP