



NHS Lothian SAS Development Day: Developing Your Confidence as a Leader Tuesday 16th March 2027

Tuesday 16th March 2027, 10:00-16:00

Gyle Square, Edinburgh, EH12 9JZ

Free to attend for NHS Lothian and PSD
Scotland SAS-grade doctors and dentists



[Click here to register](#)

SAS-grade doctors and dentists are welcome to join us for this free-to-attend in-person educational event. Certificates of attendance with PSD-recommended CPD points will be issued to delegates after the event. Please note places are limited.

Developing Your Confidence as a Leader (DYCAAL) is a practical, interactive leadership offer from Leading to Change designed to support leaders at all levels to build confidence in their leadership practice – whether you lead yourself, others, or a whole team.

DYCAAL creates space to step back from day-to-day pressures and focus on your own development as a leader. Through shared learning, reflection and discussion, participants explore what confidence means in practice and how it can be strengthened over time.

Confidence in leadership is not fixed – it can be developed through experience, reflection and practical strategies that support you in real work settings.

Participants can expect:

- A highly interactive and reflective learning environment
- Opportunities to connect and learn alongside peers
- Facilitated discussion, shared experiences and practical tools
- Time to pause, reflect and focus on your own leadership development

Feedback from participants indicates that these events create valuable space for meaningful conversation, connection, and peer learning, enabling deeper reflection and strengthening confidence.

Please contact SASDevelopment@nes.scot.nhs.uk for any queries