

# Scottish Perioperative Medicine Society

## Annual Study Day 2026

### Crieff Hydro

#### Programme: Friday 19<sup>th</sup> June

08:30-09:00	Registration, coffee and trade exhibition	
09:00-09:10	Presidential Welcome	Dr Miriam Stephens Chair SPOMS
<b>Session 1</b>	<b>Chair: Medical Updates</b>	<b>Dr Imogen Makin &amp; Dr Samatha Gaw</b>
09:10-09:35	INSPIRE	Dr Peter O'Brien Consultant in Anaesthesia and Intensive Care, Crosshouse Hospital
09:35-10:00	Pharmacy Led COPD Education	Dr Eve Walker Clinical Fellow University of Glasgow
10:00-10:25	Nutritional aspects of Perioperative Care	Caroline Mils, Katie Fleming Dieticians, Glasgow Royal Infirmary
10:25 – 10:35	Q&A	
10:35- 11:00	REFRESHMENTS, Posters and trade exhibition	
<b>Session 2</b>	<b>Chair: Frailty</b>	<b>Dr Guy Coady &amp; Dr Dima Nassif</b>
11:00-11:25	Sarcopenic Frailty	Dr Carly Welch Clinical senior lecturer and Consultant Geriatrician, Guys and St Thomas. London
11:25-12:10	Perioperative care of the older person in surgery	Dr Mark Johnston Consultant Geriatrician British Geriatric Society/Perioperative care of older people undergoing surgery Co-chair
12:10-12:5	Q&A	
12:25-13:30	LUNCH, Posters and trade exhibition	

*Programme content and timings subject to change*

<b>Session 3</b>	<b>Chair: Shared Decision Making</b>	<b>Dr Julie Dobbin &amp; Dr Sonya McKinlay</b>
13:30-14:15	Goals of Care in Perioperative Medicine	Dr Andrew Epstein Clinical Oncologist, Memorial Sloan Kettering Cancer Centre. New York
14:15-14:50	Shared Decision making – The surgical perspective	Mr Dimitros Damaskos Consultant General Surgeon Edinburgh Royal Infirmary
14:50-15:00	Q&A	
15:00-15:20	REFRESHMENTS, Posters and trade exhibition	
<b>Session 4</b>	<b>Chair: Oncology In Anaesthesia</b>	<b>Dr Anna te Water Naude &amp; Dr Faith Dalgaty</b>
15:20 – 15:45	Cancer outcomes in Intensive Care	Prof Kathryn Puxty Consultant in anaesthesia and Intensive Care Medicine Glasgow Royal Infirmary
15:45 –16:10	Oncology updates for the anaesthetist	Dr Mark Baxter Clinical Senior Lecturer Consultant Oncologist Ninewells Hospital, Dundee
16:10 – 16:20	Q&A	
<b>Session 5</b>	<b>Chair: Resident Oral Presentations/Prize Presentations</b>	<b>Dr Sandra Hapca &amp; Dr Miriam Stephens</b>
16:20 – 16:40	Top 3 Presentations and prize giving	
17:00	Close of Meeting	Dr Miriam Stephens
17:00 – 17:30	SPOMS - ANNUAL GENERAL MEETING	

Realistic Medicine Team: Workshops in the function room.

*Programme content and timings subject to change*