



NHS Lanarkshire & State Hospital SAS Event

Developing Your Confidence as a Leader: Team Dynamics

Monday 14th September 2026

Mon 14th Sept 2026, 10:00-16:00

PSD Offices (formerly NES), 177 Bothwell Street, Glasgow

Free to attend for SAS-grade doctors and dentists. Limited places available



[Click here to book your place!](#)

Developing Your Confidence as a Leader: Team Dynamics

In today's complex, interdependent and challenging healthcare landscape, SAS doctors and dentists play an important leadership role in supporting teams and delivering services. How you work through relationships is increasingly central to effective leadership.

This interactive full day workshop offers the space to step back, reflect, to focus on the relationships that shape your leadership and consider how this impacts the service your team delivers.

Facilitated by experienced leadership development coaches from the [Leading To Change](#) team, we will explore the impact of four key relationship groups on your role:

- Your manager
- Your peers
- Your partners (across services and professions)
- Your team

We will consider the nature of these relationships, exploring practical approaches and strategies you can use day to day to develop effective working relationships.

This workshop complements any prior leadership training and is relevant at any stage in your career, whether you are:

- Building leadership experience
- Taking on new responsibilities
- Working within increasing complexity

This workshop also offers a valuable opportunity to connect with SAS colleagues, share experiences, and learn from how others are navigating similar challenges.

This event is free to attend, but places are limited, so please await confirmation once you have registered interest. Certificates of attendance with PSD-recommended CPD points will be issued soon after the event. Please note that we are unable to support travel expenses for this event.

Please contact SASDevelopment@nes.scot.nhs.uk for any queries.