

GMC Caring for Workforce under Pressure workshop (online) Thursday 8th October 2026

Thurs 8th October 2026 09:30- 12:30

Online via MS Teams

**Open to SAS-grade doctors and dentists in
NHS Scotland & associated hospices**



[Click here to book your place](#)

This workshop, delivered by the GMC, considers workforce well-being and how individuals have the potential to make a positive difference. The focus is on both individual and team well-being and how to improve the normal working day, whilst acknowledging the importance of systems issues. Taking the [Caring for Doctors Caring for Patients framework](#) it brings people together to discuss real case studies and consider what could be transferrable to their workplaces. We encourage participants to leave with ideas they can put into practice.

Please note, the focus of this session is groupwork so it's essential that people join with cameras on and able to participate in small group discussion.

This learning event is tailored to the context of SAS-grade doctors and dentists working in Scotland and is free to attend. Certificates with NES-recommended CPD points will be issued after the event.

Please contact SASDevelopment@nes.scot.nhs.uk for any queries