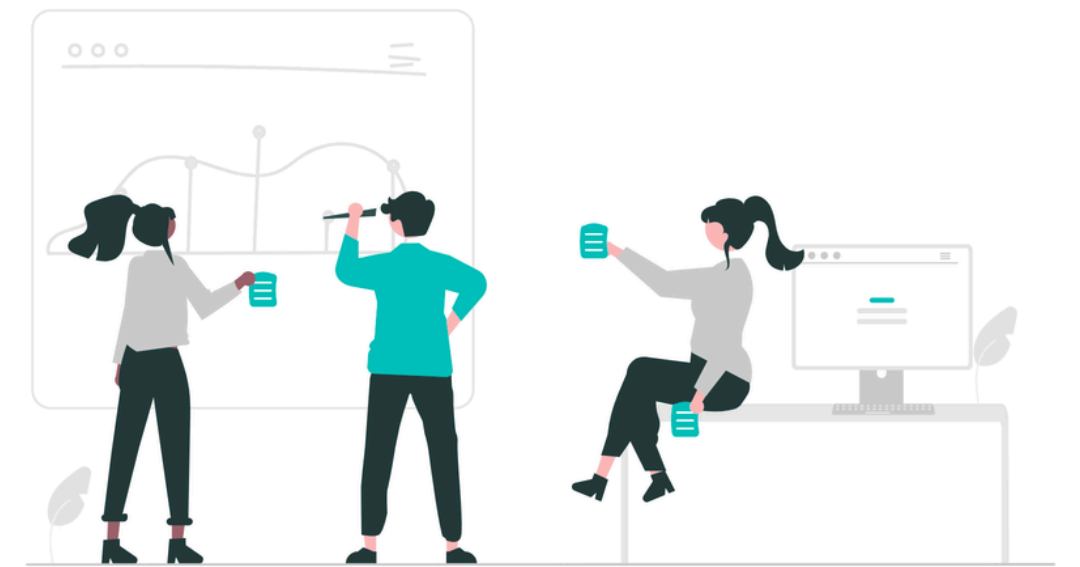


NHS Lothian SAS Educational Event Thursday 24th September 2026

Thursday 24th September 2026, 13:45 - 17:00

**Arthur's Seat room,
Royal Infirmary of Edinburgh, Edinburgh, EH16 4SA**

Free to attend for NHS Lothian SAS-grade doctors and dentists as well as PSD Scotland SAS grades based in Lothian (e.g. SAS working for the SNBTS)



[Click here to register](#)

SAS-grade doctors and dentists are welcome to join us for this free-to-attend in-person educational event. Certificates of attendance with PSD-recommended CPD points will be issued to delegates after the event.

Programme:

13:45 Registration

14:00 Introduction and Welcome: Thriving in a SAS career - Lynne Meekison, Associate Specialist Gastroenterology, SAS Education Advisor & Associate Postgraduate Dean SAS.

14:10 How to make a successful application for Specialist regrading - Claire Worsley, HR NHS Lothian

14:40 Job planning - Nicola Laidlaw, Senior Employment Adviser, BMA

15:25 Tea/Coffee break

15:40 Thriving in a SAS career: Diversity & Thriving in Medicine - Dr Charu Chopra, Consultant Immunologist & Head of Specialty, RIE; Honorary Clinical Senior Lecturer, University of Edinburgh; Training Programme Director, Immunology; Chair Scotland Regional Council, Royal College of Pathologists

16:10 Progressing your career: some more options “Taking on education and teaching opportunities” - Dr Sara Robinson, Deputy Director of Medical Education; Consultant in Emergency Medicine

My experience of undertaking a Portfolio application and top tips - Dr Goran Zangana

16:50 Closing remarks

17:00 Close