

NHS Lanarkshire & State Hospital SAS Workshop: Developing Your Confidence as a Leader Wednesday 5th November 2025

Wed 5th November 2025, 10:00 - 16:00

NES office, 177 Bothwell Street, Glasgow,
G2 7ER

Free to attend for NHS Lanarkshire and State
Hospital SAS-grade doctors and dentists



[Click here to register](#)

We are delighted to welcome NHS Lanarkshire and State Hospital SAS doctors and dentists to join us for this full day interactive workshop where we will explore how to develop our self-confidence as leaders and learn practical tips and strategies to support this. The event is free to attend.

In the current challenging times effective leadership, at all levels, has never been more important. Building our self-confidence as leaders is essential and is key to inspiring others, influencing and facilitating change.

Sessions will be facilitated by experienced leadership coaches from the **Leading to Change** team.

The session will explore:

- The role of self-leadership, compassionate leadership and self-compassion
- Communicating to connect, learning to listen, active listening and quality questions
- Ownership, accountability and responsibility – where professional and personal boundaries meet
- Leading culture, role modelling, trust and psychological safety

This workshop will complement any previous leadership training and is relevant to everyone irrespective of your career stage or leadership experience. It's also a great opportunity to network with SAS colleagues across NHS Lanarkshire and State Hospital and share our challenges, experience and successes.

Certificates of attendance will be issued soon after the event.

Please contact SASDevelopment@nes.scot.nhs.uk for any queries