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RCPE Edinburgh

# RCPE: Cardiovascular risk assessment and prevention strategies

Thursday 20 November 2025



13:00 – 17:00



Online

This focused short course offers clinicians the latest updates and practical strategies for assessing and managing cardiovascular risk across diverse patient populations. Through expert-led sessions, the course will explore evidence-based approaches to managing hypertension, the role of biomarkers in clinical decision-making, and cardiovascular risk in special populations such as frail patients.

The programme also includes an update on lipid-lowering therapies and guidance on anticoagulation in atrial fibrillation for high-risk individuals. Designed for busy healthcare professionals, this course will equip attendees with actionable insights to improve patient care in day-to-day practice. **Speakers include:**

- Dr Atul Anand
- Dr Jaimini Cegla
- Dr Peter Henriksen
- Dr Dorien Kimenai

- Professor Simon Maxwell
- Dr Colin Stirrat

All grades of medical, nursing, scientific staff. Allied health professionals and medical students welcome.



Register online for live attendance or catch-up for 28 days post event.

**CPD +3\***  
Credits

\*3 CPD credits applied for.

#RCPECARDIO25

For further details: <https://www.rcpe.ac.uk/events> or from, Aine Serelis: [a.serelis@rcpe.ac.uk](mailto:a.serelis@rcpe.ac.uk)