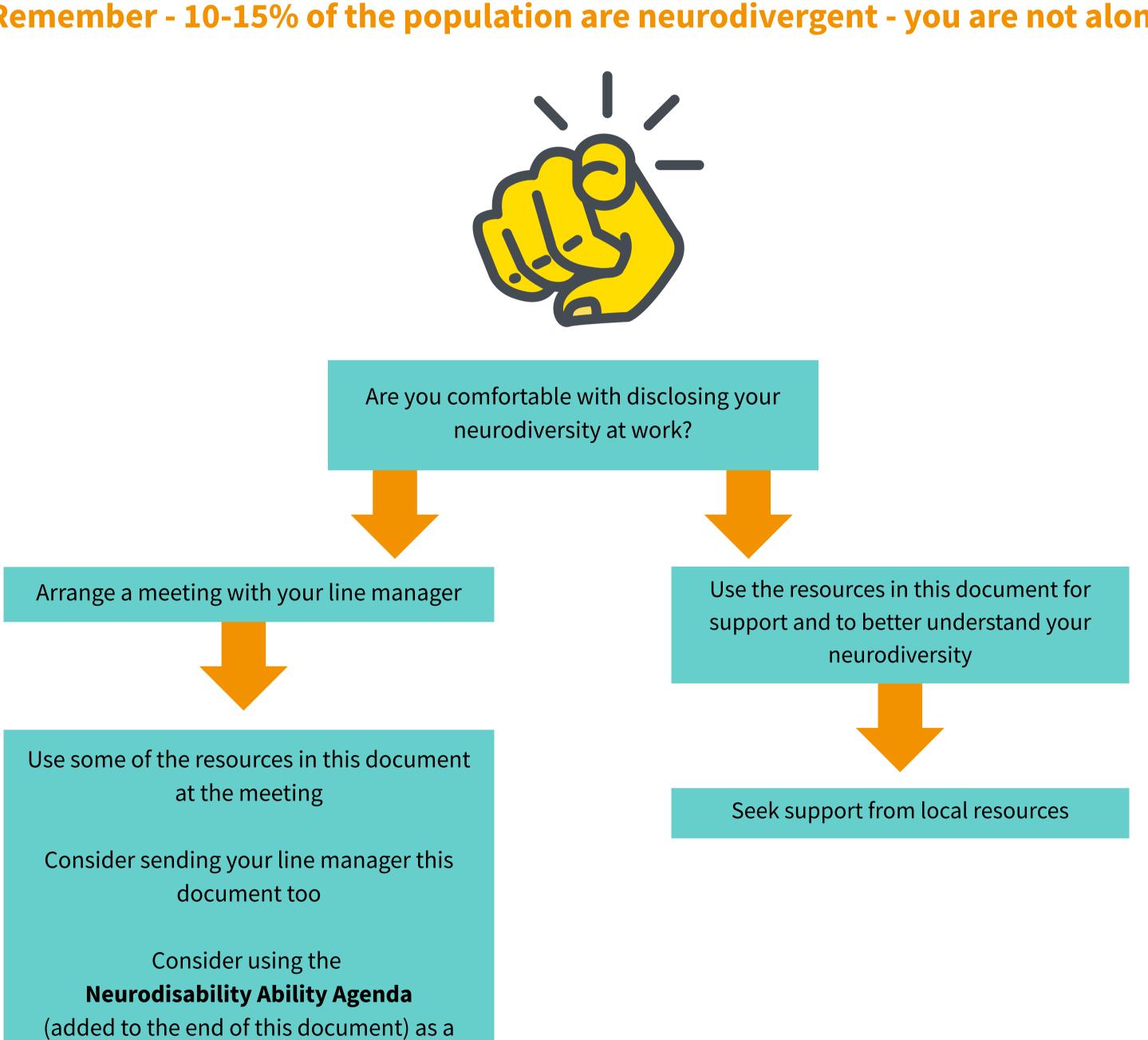


SAS Neurodiversity Support

The purpose of this document is to signpost SAS to resources which can provide information and/or support regarding neurodiversity.

It is **not** designed to offer diagnosis or management of neurodiversity issues. These things should be discussed with your GP or occupational health service.

Remember - 10-15% of the population are neurodivergent - you are not alone



framework to help **you** in the discussion with

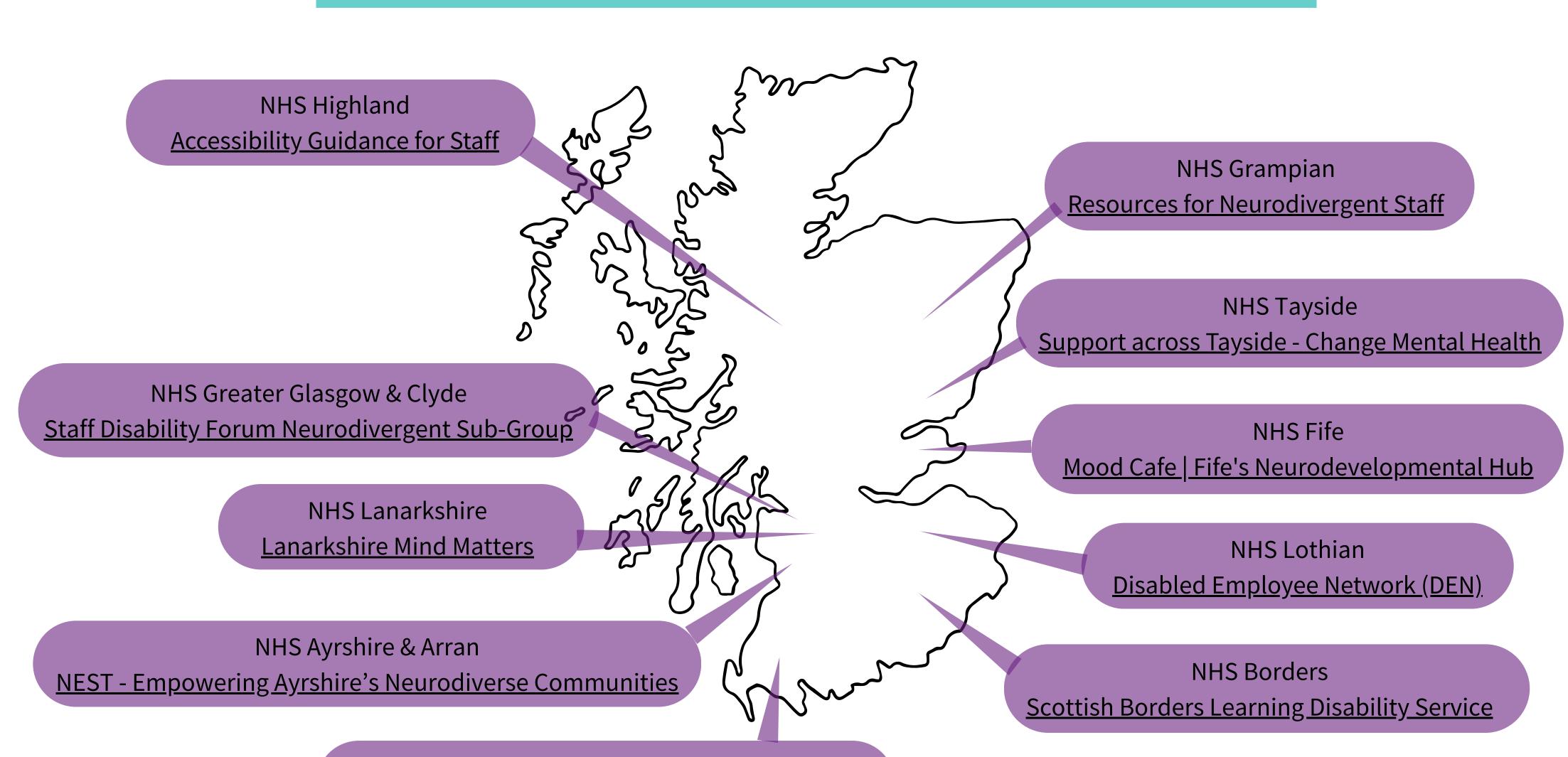
your line manager

Resource on Autism for your Line Manager meeting: <u>Beyond Accommodation: Supporting Autistic Professionals in Education, ThirdSpace</u>



Association of Neurodivergent Doctors (AND) group

<u>Available to join on Facebook</u>



NHS Dumfries & Galloway

<u>Think Differently D&G support group (Facebook)</u>

Neurodiversity Ability Agenda

What is the nature of your neurodiversity?
How does your neurodiversity impact on you in your workplace? Things to consider include: time management, activity planning, organisation, impulsivity, procrastination, speed of working, creativity, communication. Think positive and negative impacts