

SAS Beyond Bystander workshop

Monday 29th September 2025

Monday 29th September 2025, 13:00-17:00

In-person at St John's Hospital, Livingston

Free to attend for SAS-grade doctors and dentists in NHS Borders, NHS Forth Valley, NHS Lothian and NSS



[Click here to register interest](#)

SAS-grade doctors and dentists in NHS Lothian, NHS Borders, NHS Forth Valley and NSS are welcome to register interest in attending this free-to-attend in-person educational event, designed to help build the confidence and practical skills to challenge inappropriate behaviour in the workplace.

Please note that places are limited - once you register your interest, we will confirm to you by email whether we can offer you a place.

Course description:

Microaggressions have a negative impact on the wellbeing of the individuals subjected to them and the psychological safety of our workplace. Using a bystander intervention shows that these behaviours are unacceptable and promote a safe and inclusive workplace culture.

The Beyond Bystander workshop will prepare you to use a bystander intervention if you witness a microaggression. This workshop has been designed to give you the confidence and the skills to act when you witness a microaggression. Over the course of four hours, the workshop uses a combination of discussion, storytelling and role play in small groups. The aim is to get you to think about what bystander interventions you can use and the words you might choose when employing a bystander intervention. This is done in a confidential and respectful environment that supports discussion about these topics.

Please contact [**SASDevelopment@nes.scot.nhs.uk**](mailto:SASDevelopment@nes.scot.nhs.uk) for any queries