**CLINICAL & EDUCATIONAL DIVISION OF THE GPST WORKING WEEK**

It is important to spend time identifying your learning needs and then adapt the clinical/educational balance accordingly to address those needs in the most appropriate way.

Experience suggests that sometimes an increase in clinical time exposure is really important for trainees and specifically those who are LTFT.  Therefore it is perfectly acceptable to suggest that there is an increase in clinical time versus educational time to address identified learning needs.

Personal study can be undertaken in an alternative arena than the practice, however it should be used to address personal study e.g. TeP or to attend clinics or for additional study other than that set aside for ERP (HDR) sessional time

Sometimes ERP sessions are a full day, normally the following Wednesday session is then spent in clinical practice

**100% ⬄ 40 hours**

28 hours clinical time including admin

12 hours educational time (ERP, personal study, tutorial time (4x4x4)- including informal feedback, surgery review and any other feedback)

**80% ⬄ 32 hours**

22.4 hours clinical time including admin

9.6 hours educational time (ERP, personal study, tutorial time including informal feedback, surgery review and any other feedback)

**70% ⬄ 28 hours**

19.6 hours clinical time including admin

8.4 hours educational time (ERP, personal study, tutorial time including informal feedback, surgery review and any other feedback)

**60% ⬄ 24 hours**

16.8 hours clinical time including admin

7.2 hours educational time (ERP, personal study, tutorial time including informal feedback, surgery review and any other feedback)

**50% ⬄ 20 hours**

14 hours clinical time including admin

6 hours educational time (ERP, personal study, tutorial time including informal feedback, surgery review and any other feedback)

**OOH**

This is in **addition** to the 40 hour working week and would normally work out at approximately an additional 1 ½ hours per week if spread across your GP time. Please see the EWTD guidance as to how to manage the rest periods before and after OOH sessions. The rest time does not count as part of your working hours.