**Educational Release from Practice – West Region**

**Programme: Glasgow North East**

**Training programme Director – Dr Alison Garvie**

**Description:**

This programme is divided in to 2 geographical areas, North and East.

ST1

The ST1 day release programme is run jointly by the North and East Glasgow Trainers groups. North Glasgow Trainers Group takes responsibility for the programme that runs from August to January and East Glasgow Trainers for the February- July programme. Both programmes cover the same topics.

Sessions run all day on a Wednesday once a month and are based in Regent's Garden surgery, Kirkintilloch.

ST3

For ST3 the programme is divided into two groups to allow smaller group activities.

East district trainees have half day release meetings on Tuesday afternoons at Baillieston Health centre, Glasgow, usually every fortnight.

North district trainees have a full day release meeting monthly on Fridays at Regent's Garden surgery, Kirkintilloch.

Both groups run mock CSA exam sessions in ST3.

**Sample programmes:**

ST1 Teaching Programme August – December

August/February am - Communication skills

pm – Interactive CBD

September/March am – Telephone consultations

pm – Prescribing

October/April am – Child protection\social problems

pm – Addictions

November/May am – Video Consultations

pm – Audit & SEA

December/June am – Dermatology

pm – Critical Reading and paper analysis

ST3 Teaching topics

* Using video\consultations as a teaching tool, Role play consultations, Consultation models, Introduction to ethics & ethics within the consultation
* Telephone consultation\Triage
* Role playing and Mock CSA - How to prepare for the CSA, Experiential learning
* Practical Palliative care
* MDDUS, Travel\Fitness to fly\DVLA guidance
* Deprivation Addiction & Social problems
* Polypharmacy
* Appraisal and Revalidation
* Practice finance\ Future career planning\Finding a job in GP
* Interview skills
* Team building
* Physiotherapy/joint problems

**Course Organiser Contacts:**

Glasgow North ST3 and August-December ST1 Dr Allison Law [allisonlaw@btinternet.com](mailto:allisonlaw@btinternet.com)

Glasgow East ST3 and February-July ST1 Dr Jason Laher [jlaher@nhs.net](mailto:jlaher@nhs.net)

**Teaching Locations:**

ST1 - Regent Gardens Surgery, Kirkintilloch

Glasgow North ST3 - Regent Gardens Surgery, Kirkintilloch

Glasgow East ST3 - Baillieston Health Centre, Glasgow

**Induction Dates 2017/18:**