



Welcome to NHS Lanarkshire

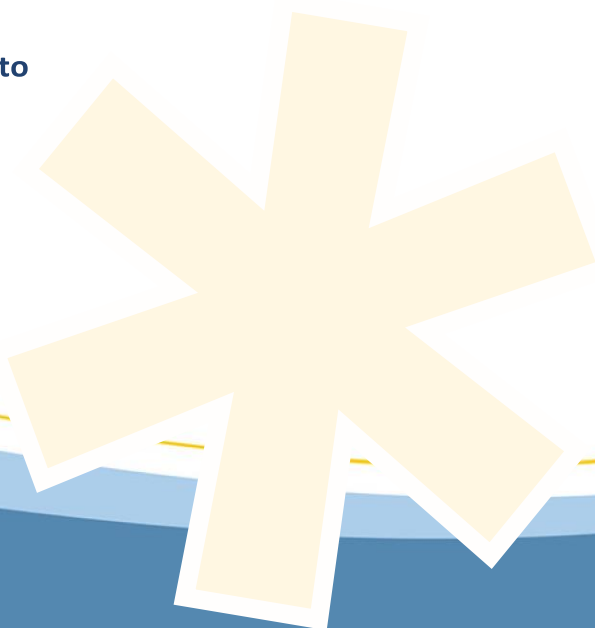
Welcome to NHS Lanarkshire, the 3rd largest health board in Scotland. We serve a population of **655,000** across rural and urban communities in Lanarkshire and employ around **15,000** staff working across communities, health centres, clinics and offices and at our **3 district hospitals**;

University Hospital Hairmyres,
University Hospital Monklands and
University Hospital Wishaw.

We are committed to delivering high-quality, innovative health and social care that is person-centred with the aim that everyone can live longer, healthier lives at home, or in a homely setting.

We are pleased that you have chosen to work with NHS Lanarkshire and live in Lanarkshire as well.

This booklet provides resources and information for you to help you get settled in NHS Lanarkshire.





Contents

- ❖ Information Technology
- ❖ Health and Wellness
- ❖ Pastoral Care
- ❖ Finances
- ❖ Living in Lanarkshire
- ❖ Diversity, Equality and Inclusion

Welcome to NHS Lanarkshire Let the Preparation Begin!

Immigration Check-in: Collect your Biometric Residence Permit (BRP)

If you've received a letter from the UK Home Office asking you to collect your Biometric Residence Permit (BRP) from a Post Office branch, you can find your named Post Office branch using the branch finder tool. If you've been asked to collect your permit from a specific named Post Office branch, you can find it and its opening hours.

Collect your BRP from a different branch

If you'd prefer to collect your residence permit from another branch that will be more convenient for you, we can redirect it for a small fee.


Choose 'BRP collection' from the options in the Branch Finder to find the nearest authorised branch in your preferred area. Visit the branch to request the redirection and pay the fee. Then return 7 calendar days later to collect your permit.

Following the collection of your Biometric Residence Card, you are required to provide the International Recruitment Unit with proof of right-to-work Share Code generated from <https://www.gov.uk/prove-right-to-work>

To enable us to verify your right to work in the UK

Clinical Induction and OSCE Exam Preparation

There is a planned Corporate and Clinical induction that is scheduled to commence on Monday 1st August. Further details of the induction activities will be communicated to you shortly. In addition, we



have collaborated with the University of West of Scotland to support you with targeted OSCE exam training that will encompass classroom, practical and self-study activities. You are advised to bring with you a laptop to support your self-study.

The timetable for this will be shared with you in due course.

Information Technology

Work Access - You will be provided with PC access, email address and access to systems and software that is necessary for you to undertake work.

Personal Access (Internet and Mobile Phones) - It is your responsibility to engage with internet service and mobile phone providers to sign on to their services at your expense. There are several packages available to suit your needs and finances, please shop around before committing to a contract.

The major providers are Sky, EE, Vodafone, BT, Three, Talk-Talk, and Virgin Media amongst others.

Health and Wellness

NHS Lanarkshire has a one-stop-shop for Staff health and wellbeing concerns that you can access from our website: <https://www.nhslanarkshire.scot.nhs.uk/your-healthmatters/>

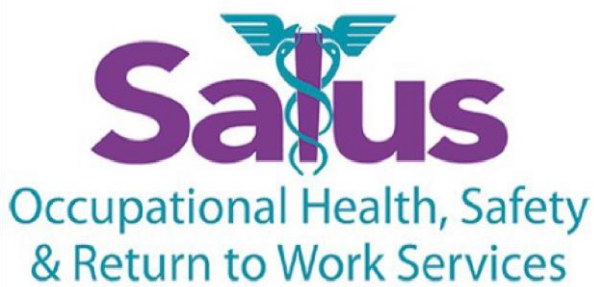
Staff health support



[Healthy Working Lives](#)



[Health Improvement](#)



[Occupational Health](#)



[Staff Care and Wellbeing](#)

Health and Wellness



GP Surgeries around Hairmyres

On arrival in the UK, you are required to register with a GP Surgery/Health Centre. There are a couple near your Hairmyres Hospital Residence;

Murray Surgery

Lanarkshire Medical Group

Huntergreen Medical Practice

Contact details for each surgery can be found on the web. Please contact your preferred surgery to register with them.

NHS Lanarkshire Hospitals

NHS Lanarkshire has 3 hospitals and several Community Hospitals that provides a full range of inpatient, outpatient, diagnostic and clinical support services, for accidents and emergency amongst others. Further information about each hospital is available on our website

<https://www.nhslanarkshire.scot.nhs.uk/hospitals/>



University Hospital
Hairmyres
Tel: 01355 585 000
[About](#)



University Hospital
Monklands
Tel: 01236 748 748
[About](#)



University Hospital
Wishaw
Tel: 01698 361100
[About](#)

Pastoral Care

Welcome to NHS Lanarkshire, the 3rd largest health board in Scotland. We are pleased that you have chosen to work with NHS Lanarkshire and live in Lanarkshire as well.



NHS Lanarkshire currently has two staff networks

1. NHS Lanarkshire's Ethnic Minority Employee Network (EMEN) and NHS Lanarkshire Lesbian, Gay, Bisexual and Transgender + (LGBT+) Employee Network

Both networks meet quarterly on MS Teams and are supported by an Executive Committee whose role is to undertake the work of the network in-between meetings and represent the network within and outside NHS Lanarkshire. We have a number of aims which include:

- ❖ **Enable staff to feel that they are part of and have a vital role to play in the Board.**
- ❖ **Discuss and influence issues affecting ethnic minority staff with key decision-makers.**
- ❖ **Provide confidential Peer group support.**
- ❖ **Provide an arena to raise their concerns, in a safe and confidential environment.**
- ❖ **To provide an opportunity for members to update each other, on local and national policy and developments.**

To become part of both or either network or for more information please contact:

Finances

National Insurance Number

You require a National Insurance number to work in the UK. If you have a BRP, you might have a National Insurance number already - it will be printed on the back of your BRP if you do.

If you do not have a National Insurance number, you must apply for one if you plan to work.

You can only apply when you're in the UK from the website below: <https://www.gov.uk/apply-national-insurance-number>

What you'll need

If you have the following documents, use them when you apply: your passport from any country your Biometric Residence Permit



Personal Banking

One of the first things that you will want to do is open a bank account so you have a safe place to store your money, receive your salary and can receive funds from your family abroad if required. There are several banks located in Wishaw, they include:

Santander - <https://www.santander.co.uk/>

Bank of Scotland - https://branches.bankofscotland.co.uk/east-kilbride/41-princes-mall?utm_source=Google&utm_medium=Yext

Royal Bank of Scotland - <https://www.rbs.co.uk/Branch/832813-East%20Kilbride.html?extcam=R SEO GMAP 0 Yext 832813 0 0>

Living in Lanarkshire

Accommodation

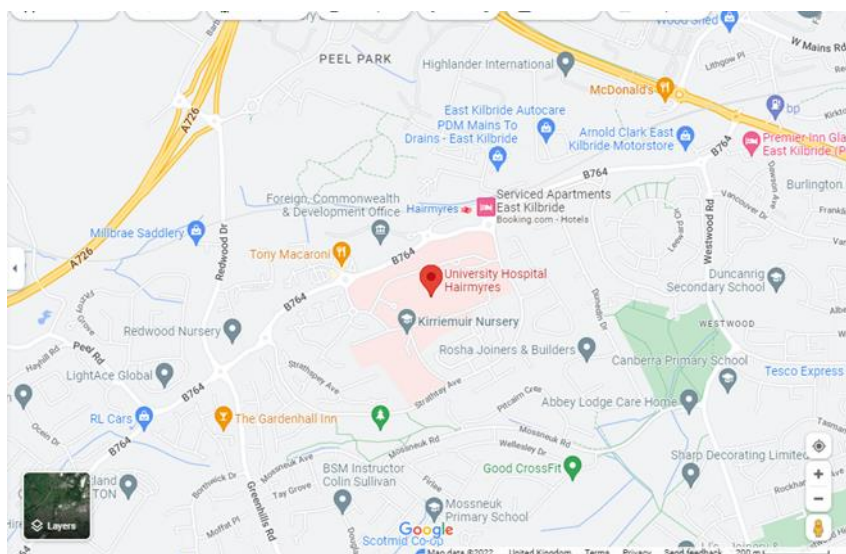
On arrival, you will be accommodated in NHS Lanarkshire residences in Hairmyres Hospital premises for three months only and you are required to source for and secure your accommodation before the end of the 3 months. Below is a list of several estate agents around East-Kilbride.

Western Lettings Glasgow Letting Agents, Slater Hogg & Howison Sales and Letting Agents East Kilbride, Bensons Estate Agents, Angel Homes (Scotland) Ltd, Home Connexions Estate Agents, Zoopla.

Bus stops – Hairmyres Main Building Entrance (at)– 1 min walk

Train Station – Hairmyres Train Station – 5 min walk

Transportation Directions to Hairmyres Hospital with public transportation*
The following transport lines have routes that pass near Hairmyres Hospital
Bus: 201, 254, 395, 205



Living in Lanarkshire

Shopping in Hairmyres.

Supermarkets near Hairmyres Hospital and the accomodation:

- Lidl - **7 minutes' walk**
- Morrisons - **20 minutes on the bus (205, 254)**
- Aldi - **20 minutes' walk, 10 minutes on the bus (201, 205,254)**



Eating Out in Hairmyres

There are a good number of restaurants and fast-food eateries in Hairmyres. They can be found by google search.

- ❖ KFC
- ❖ McDonalds
- ❖ Burger King
- ❖ Pizza Hut
- ❖ Dominoes Pizza
- ❖ Nandos
- ❖ Tuck shakk
- ❖ Pacini's
- ❖ Variety of Take Aways

Frequently Asked Questions

How many annual leave (A/L) days are you entitled to?

New start – **27days + 8 public holidays**

After 5 years – **29 days + 8 public holidays**

After 10 years – **33 days + 8 public holidays**



Welcome to NHS Lanarkshire

NHS Pension scheme

You will be auto enrolled into the NHS Pension Scheme when you start for more details on the scheme and if you wish to opt out please follow this link - <https://pensions.gov.scot/nhs>

Do we have WI-FI?

Yes. There is Guest Wi-fi on the hospital site.

Where could I go to express my religious preference?

There is a Sanctuary and Quiet Room in each of the three acute hospitals and you are very welcome to drop in and spend time there. You might be looking for a quiet space, a place for reflection or for a time for prayer. Various scriptures, other reading materials and religious items are available for you to use if you would find them helpful. Mandatory steps on your arrival: National Insurance Number (N.I), Open a Bank Account, Register in your closest surgery in order to have a GP.



Useful Apps and Links:

TravelLine Scotland: **Timetables and journey planner for all bus, rail, coach, air and ferry services in Scotland.**

Pay information: **NHS Lanarkshire is committed to the principles of equality of opportunity in employment and believes that staff should receive equal pay for the same or broadly similar work, or work rated as equivalent and for work of equal value, regardless of their age, disability. Staff at NHS Lanarkshire are paid monthly. Pay is the last Wednesday of every month. First pay date will be 31st of August 22.**