

## Adult and Child Safeguarding requirements as part of General Practice Specialty Training ST2 and ST3

**You must demonstrate some form of non-participatory knowledge update and participatory reflective practice in both adult and child safeguarding in your e-portfolio for every training year.**

GP trainees need to satisfy the GMC and the public that they have the appropriate knowledge, clinical skills and understanding of safeguarding and to be able to apply these skills when required. Safeguarding training is an integral and ongoing part of both GP training and professional development as a qualified GP.

Full details on the requirements for GPSTs can be found at <https://www.rcgp.org.uk/training-exams/training/mrcgp-workplace-based-assessment-wpba/cpr-aed-and-child-safeguarding/child-and-adult-safeguarding.aspx>

**By now you will have completed initial modules on Adult and Child Safeguarding to level 3**

### Child Safeguarding Updates

At the start of ST1 you must have undertaken learning to level 3 for Child Safeguarding. You need an update for every training year thereafter, either from face-to-face training or an e-learning module. Face to face training may be available locally or in your region. Full guidance can be found at <https://www.scotlanddeanery.nhs.scot/trainee-information/gp-specialty-training/trainee-educational-resources/>. You must upload certification of this each training year to your e-portfolio for your ARCP clearly labelled as Child Safeguarding in your mandatory training compliance passport, as well as completing a reflective learning log.

A suitable e-learning module for ST1 can be found at:  
e-learning for Health - <https://www.e-lfh.org.uk/programmes/safeguarding-children/>

Suitable updates for ST2 and ST3 are:

- Reading the RCGP Child Safeguarding and Adult Safeguarding toolkits <https://www.rcgp.org.uk/clinical-and-research/resources/toolkits/child-safeguarding-toolkit.aspx>
- TURAS Learn - <https://learn.nes.nhs.scot/11324/elearning-nmahp/protecting-children>
- Relevant safeguarding guidelines
- Attending local face to face training

In addition, you need evidence in every training year of **participatory reflective practice** with a learning log entry detailing reflection on your learning from a case discussion or meeting you have been involved in, again clearly labelled as Child Safeguarding and linked to you mandatory training passport.

The only exception stated by the RCGP is:

It is recognised that if the trainee does not have any posts within a specific training year which include children then although it would be still recommended for these trainees to understand and document their learning about child safeguarding this would not be mandatory.

### **Adult Safeguarding Update**

At the start of ST1 you must have undertaken initial non-participatory learning for Adult Safeguarding.

For future years in training, ST2 and ST3 knowledge updates can be achieved by -

- E-Learning such as <https://elearning.rcgp.org.uk/course/info.php?id=245>
- TURAS Learn <https://learn.nes.nhs.scot/47888/tayside-shared-learning-platform/angus/adult-support-and-protection-basic-awareness>
- Reading the RCGP Child Safeguarding and Adult Safeguarding toolkits <https://www.rcgp.org.uk/clinical-and-research/resources/toolkits/adult-safeguarding-toolkit.aspx>
- Relevant safeguarding guidelines
- PBSGL module on Vulnerable Adults

Again, as with Child safeguarding, you also need **evidence for every training year of participatory learning** with a log entry detailing reflection on your learning from a case or discussion you have been involved in. As before, this must be clearly labelled as Adult Safeguarding and linked to your mandatory training passport.

There is a useful module that would satisfy participative group learning for adult and child safeguarding at <https://elearning.rcgp.org.uk/course/index.php?categoryid=8>