A WEE NEWSLETTER FROM YOUR TRAINEE REPS...

Apr 2021

Contact Details:

Microsoft Teams:

Paediatric Trainees in South-East (Let us know if you can't access)

Facebook group:

South East Scotland Paediatric Trainees

Email:

rachael.fleming@doctors.org.uk, timothy.lewis@nhslothian.scot.nhs.uk

WhatsApp:

Rachael - 07840062260 Tim - 07825950785

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ARCP Checklist

✓ Absence declaration (online form). Carol Leiper has sent out individual links to your email registered with Turas.
 ✓ Soar declaration link here [requires Ed supervisor sign off]
 ✓ Adjusted ARCP requirements for COVID. Link to 2020 version
 □ Educational Supervisor Trainer Report for ARCP (New Supervision Report (all options) on Kaizen
 □ Evidence of attending teaching (Friday Teaching, Grand Rounds, Departmental teaching)

*** Deadline is 18th May ***

☐ Evidence of resuscitation experience (if APLS/NLS expired)

For some there have been system issues with PDPs on kaizen for this placement.

Please ensure you note any issues on the end of year educational supervisor

report e.g. "Due to Kaizen issues, unable to create PDP form for this placement."

Updates and Surveys

Emails and Teams

Medical Education Directorate (MED) have taken issues with emails and Teams directly to



eHealth. eHealth has recognised the significant difficulties and shortcomings of the migration. They are trying to address changeover issues.

There is short term solution to multiple email address unfortunately. However long term everyone will eventually migrate to @nhs.scot which will ultimately solve issues with moving between NHS health boards, Teams and also access to NHS Scotland contact lists.

For more information see the IT update on the <u>MED</u> website.

Thank you to everyone who completed Cesca's survey for RCPCH about out of programme experiences, she got a great response rate!

Linking Scotland Deanery's Virtual Teaching



Trello is a new platform for sharing teaching and training opportunities across the Scotland Deanery.

It's very easy to join so please do sign up. We are working with the reps in other regions to increase the use of this 'noticeboard' to make virtual teaching and events available to all in Scotland, regardless of region.

It's still in its infancy but is already live so take a look! Anyone can post so if you have an event you wish to share, please do so.

Follow this link. Any issues accessing please email Carol.Leiper@nhs.scot

Grid and SPIN Training

Following trainee feedback and discussion at the last STB meeting, we are keen to hear trainees' views and experiences in relation to Grid and SPIN. We are hoping to increase support and accessibility for those interested in these and would like to hear from all trainees, regardless of your stage in training and whether this is something you have done or not.

Please can you kindly complete our short survey here.

Education and Training

Scottish Paediatric Society 2021 Summer meeting.

This virtual event is FREE this year and being held on Friday 4th June!

Although we can't travel much at present, it's a good time to remind you all about the SPS Travel bursary:

COVID-19 FROM A **PAEDIATRIC** PERSPECTIVE

An online BPSU-PHE Symposia series



RCPCH Scotland Virtual Events — Coming Soon

Some virtual events, mapped to the training curriculum are being planned. Topics will include Adolescent Health, Childhood Death, and more!



BAPM Virtual Spring Conference: Tuesday 11th May 2021

We're working on a centralised system for everyone to post interesting courses, events and education meetings. Trello (see above) is a great platform for this. If you're interested in helping to collate these events please get in touch!

Your Health and Wellbeing:

Ailsa and Laura wished for us to reiterate their availability to offer support to anyone who would like it. They can be reached in person, via email or phone. Alternatively, we are just an email or phone call away if you need someone to have a chat.

There are a range of support networks out there with some from the deanery here.

We are always keen to hear of ideas for things that can boost team morale and support trainee wellbeing so if you have any ideas, please do get in touch.

Royal Hospital for Children and Young People

Cycling to Work



To get access to the blue bike cages go to the Parking desk besides M&S [main concourse of RIE], show your ID and you will be given a code for the storage unit.

Teething problems

There are efforts being made to improve access to scrubs and lockers; computers and desk space of specialty registrars; safety at night at the end of a shift; and the temperamental bleep system. TPDs and MED are taking this forward in a number of forums.

Well done to everyone involved in the move to Little France! The hard work and flexibility have been recognised and praised!

Let us know what's going well and what could be improved... or start a Trickle!

Sign up to Trickle Today!

Follow this link

Trickle is a collaborative platform run by the Medical Educational Directorate to help fix services Issues that may plague Doctors in Training!



Trickle Champion

The Medical Educational Directorate are looking for a trainee to champion Trickle and help tackle service issues affecting the new hospital.

They are an enthusiastic bunch and this is a great opportunity to build on management skills! For more info email

Alexandra.Pittock@nhslothian.scot.nhs.uk

Social Events



Tea with TPDs

These are restarting in SPHERE! Dates will follow soon, but will take the form of face-to-face and virtually on Teams.

Social



Watch this space for actual social drinks in an actual pub fact to face!!

Maternity Group

Kathryn McGill has set up a WhatsApp group for those of you who are currently away from face-to-face work due to pregnancy or who are on mat leave.

If you would like to be added to the group, please contact Kathryn on:

<u>Kathryn.macgill@gmail.com</u> or

07595296804 (no pranks please!).

RHYCP Choir

Choir meets alternate Tuesdays – if interested please contact: catriona.mcintyre@echcharity.org



Lap the map is back!

This was great fun last year – you don't need to be a marathon runner, any mileage counts walking or running! And it's all for a great cause.

Get your clinical team together to see which team wins! ARU already have a strong team, but PICU are a formidable force to be reckoned with!

To sign up email: amy.russell@echcharity.org

Or Follow this link