

AUGUST 2021

SES TRAINEE NEWSLETTER

Updates from the most recent South East STC meeting

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Tea with TPDs is back!

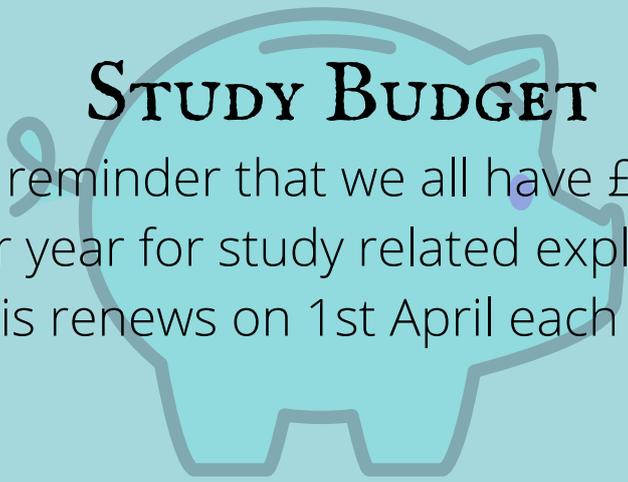
Monthly meetings to meet the TPDs which will alternate between teams and in Sphere.

NEXT DATE TO BE
CONFIRMED
BUT LIKELY END
SEPTEMBER

TRAINING MATTERS

STUDY BUDGET

A reminder that we all have £500 per year for study related exploits. This renews on 1st April each year.



LESS THAN FULL TIME

There is no longer a requirement to renew LTFT status each year. Now, only form D needs to be filled in when changing % LTFT or returning to full time.

[more info and how to apply here](#)

SUPERVISION

Everyone should have had a Clinical and Educational Supervisor meeting by now, any issues please contact us.

OUT OF PROGRAMME

Information about OOPs, particularly OOPEXperience have been updated on the NES website. An OOPE has a set of requirements to be met. [More info here.](#)



SHAPE OF TRAINING

Changes to paediatric training, known as "Shape of Training" has been accepted by the GMC.

Provision start date is August 2023.

[Click here for more details](#)

Teaching

Regional Teaching is every Friday at 2pm, available on MS teams (SE Paediatric Teaching(Link)) and is recorded as well!

Should be bleep free.

Thanks for Suzanne, Rachael and Kate for finding interesting speakers at these sessions

Any issues in attending please let us know.

SPA Time

As Part of the RCPCH Trainee Charter, all trainees are entitled to a day of SPA time every two months (or 4 hours every month). This specifically for professional development, in addition to any clinical admin required from job.

Ideally the time would be spent in hospital (can use SPHERE for computer workspace), but could also be done from home. You would need to be available in case of an unexpected clinical workload.

The Training Committee has agreed that all rotations should include such time. This occurs on junior rotas, but keen to hear if senior trainees struggle to find this time.

SENIOR CORNER

GENERAL PAEDIATRICS CURRICULUM

All non-GRID ST6 - ST8s should have a General Paediatrics Curriculum (link) (which is in addition to generic level 3 progress+ curriculum). Contact us or eportfolio@rcpch.ac.uk if any issues.

RCPCH "STEPPING UP" EVENT

Save the date!! -> 6th October

Great talks covering life as a consultant and adapting to this new role. For ST6 and above.

THE LAST PAGE

Recruitment

There are 6x LAT posts made available due to maternity leave.

Currently there are 6 Trainees on out of programme

There are 15 on maternity leave - congratulations!

Webinars/lectures/courses

Let us know if there are interesting events and we can publise them or ask Jane McCrindle to send out an email!

Facilities

There are ongoing discussions at a number of levels regarding rest facilities, car parking issues and transport capacity.

Note of Thanks

TPDs and the Training Committee continue to be impressed and grateful for the hard work and care for patients.

Be Kind.
Look out for one another.
Look after yourself
(link).



TWITTER:
[@SESPAEDIATRICS](#)

FACEBOOK:
[SOUTH EAST SCOTLAND PAEDIATRIC TRAINEES \(LINK\)](#)

MS TEAMS:
[PAEDIATRIC TRAINEES IN SOUTH EAST \(LINK\)](#)

CONTACT ABI OR TIM IF YOU HAVE ANY QUESTIONS/ FEEDBACK

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