

# Comrie/Aberfeldy & Kinloch Rannoch

## Rural Fellowship 2022-2023



We believe we are lucky to work and live in a beautiful part of Scotland and would like to share our work/life experience with a rural fellow to show the benefit and satisfaction of working in multi-disciplinary rural practices.

Comrie Medical Centre and Aberfeldy and Kinloch Rannoch Medical Practice are two separate practices in Tayside, a fellow would spend the year working within the two practices. Our first rural fellow was in 2012, since that time 5 rural fellows enjoyed their time with us and continued to work locally.

Both practices are training practices and boast a learning culture. Comrie Medical Centre has 2.5 wte partners and admitting rights to Crieff Community Hospital caring for 2,700 patients. Rural fellows are encouraged to engage in an 'intermediate care' role in Crieff Community Hospital.

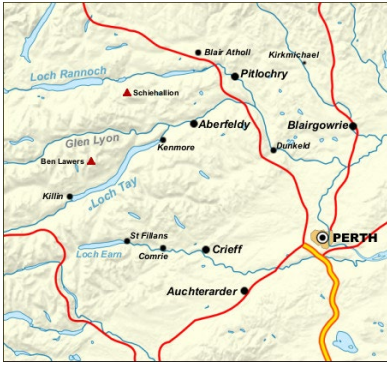
Aberfeldy and Kinloch Rannoch Medical Practice have 5.25wte partners working across two sites. Kinloch Rannoch is the only dispensing practice in Tayside, open 10 sessions a week. Aberfeldy and Kinloch Rannoch care for 4,700 patients of which 600+ patients are cared for at Kinloch Rannoch.

Comrie, Aberfeldy and Kinloch Rannoch are popular tourist destinations throughout the year with a wealth of physical pursuits.



[www.comriemedicalcentre.co.uk](http://www.comriemedicalcentre.co.uk)  
[www.aberfeldyandrannochsurgery.co.uk](http://www.aberfeldyandrannochsurgery.co.uk)  
[www.facebook.com/Comrie-Medical-Centre](https://www.facebook.com/Comrie-Medical-Centre)  
[www.facebook.com/aberfeldyandkinlochranochmedicalpractice](https://www.facebook.com/aberfeldyandkinlochranochmedicalpractice)

### Location and practice areas



**Comrie Medical Centre** geographically catchment area of around 300km<sup>2</sup> stretching from Crieff to Inverlochlarig. A very beautiful drive along the sides of Lochs and Munros within the Loch Lomond and Trossachs National Park

**Aberfeldy and Kinloch Rannoch Medical Practice** covers a large geographical area stretching from Ballinluig on the east side and towards Dunkeld as far as Dalguise to Pubil at the head of Glen Lyon westwards.

From Trinafour in the north across to Rannoch Station, from Bohally at Tummel Bridge and south of Amulree on the Crieff Road. Extend west on the north and south sides of Loch Tay along two thirds of its length towards Killin.

### What you can expect as a Rural Fellow

Duties include the full range of general practice responsibilities during your time with us, including work at Crieff Community Hospital. You will be mentored by Dr Peter Oates, GP Partner at Aberfeldy & Kinloch Rannoch from the base practice; you will receive supervision from both practices. 50% of your placement will be with Comrie Medical Centre and the other 50% will be shared between working at Aberfeldy and Kinloch Rannoch Medical Practice, up to 4 weeks experiencing another remote practice and 5 weeks to attend courses, clinical attachments (hospital or primary care) or undertake study as agreed with the coordinator.

There will be no requirement to work in the NHS Tayside OOH service. Being training practices you will be encouraged to join in with educational activities. A variety of regional educational activities is available as well as courses such as Advanced Life Support and secondary care attachments.



### What Comrie/Aberfeldy and Kinloch Rannoch Medical Practices can offer you

- A supportive working environment
- A practice that is part of the community
- Medical student teaching
- A great admin team
- Close working with our multi-disciplinary team
- Access to Crieff Cottage Hospital

### Previous Rural Fellows experiences:

*'I did the Tayside GP Rural Fellowship in 2014/15, having done my GP training in Edinburgh. I wanted to move to the countryside, but didn't feel confident going straight from city GP training to the additional responsibilities of working rurally. I found the Rural Fellowship was a brilliant way of making this transition, providing me with a supportive group of colleagues throughout the year, as well as lots of opportunities to undertake additional training, such as the Pre-Hospital Emergency Care courses (both adult and paediatric), a fortnight's placement in the local hospice, a minor surgery course, etc. The three Rural Fellows' weekends away were lots of fun (destinations included Islay and Kinlochewe), and a great way to make friends and compare notes with the other Rural Fellows. For my two remote*

*placements, I spent a fortnight each on the Isle of Harris and the Isle of Westray in Orkney – during the latter of which I had to call out the emergency helicopter four times in the space of a fortnight!*

*Since completing the Rural Fellowship I have gone on to become first a salaried GP, and then a partner at Aberfeldy and Kinloch Rannoch Medical Practice. I still love working with many of the same colleagues I met on the first day of my Rural Fellowship, and I look back very fondly on my year of “adventure” doing the Rural Fellowship. I would thoroughly recommend it to anyone who is thinking of leaving the city and working more rurally’.* **Dr Peter Oates**

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*‘I opted for the Tayside rural fellowship in 2016/17, as I was keen to get some rural GP experience following completion of training in an urban practice. I felt that the Aberfeldy & Comrie option would allow a manageable commute to a rural practice, without having to relocate to a more remote area. It was an excellent balance of being able to develop my clinical independence whilst being in a supportive and friendly environment. Working as a single-handed dispensing GP at the Kinloch Rannoch surgery was particularly beneficial in being able to spend more time with individual patients, in more of a true generalist role. As with all elements of the fellowship, I initially accompanied a colleague until I felt confident in working independently in this attachment.*

*I used the opportunity of smaller self-directed placements within the year, to experience remote GP work on Skye and how they deliver healthcare to the Small Isles of Eigg, Muck, Canna and Rum (this involved a commute on a small boat in all seasons and so seafaring legs recommended!) By using a combination of study and annual leave, I had the chance to attend the WONCA World Rural Health Conference in Cairns, Australia. This was a fantastic experience in meeting colleagues from around the world and broadening my knowledge of other rural healthcare systems.*

*I highly recommend the Tayside rural placement and the friends and colleagues I have gained through doing this. I remained at these practices following the fellowship year, initially as a salaried GP at Aberfeldy and now as a GP Partner at Comrie’* **Dr Clare Cadogan**