

FOUNDATION YEAR DOCTOR BALINT GROUP TASTER EVENT

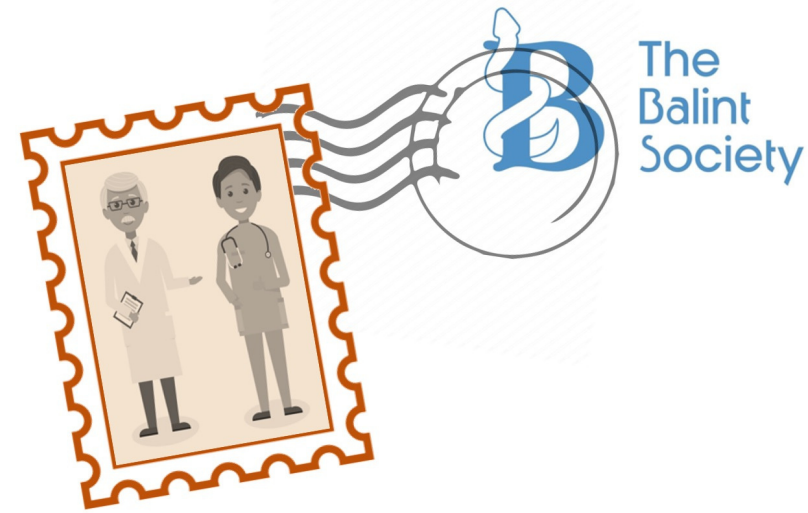
Dear Younger Ian,

I hope you are well.

Here is a note from your older self. I wish I'd attended the UK Balint Groups more during training. I am enjoying life now but if only I/you knew what I know now.

Take care and remember to feel.

Love,
Older Ian



Dr I.REFLECT

The Reflective Hospital

Reflection Ward

Reflection Street

*"The overwhelming majority of us ... have to do everything possible to impress our patients - and ourselves - that we are good, helpful, doctors. These two opposing tendencies - the doctor's need to be helpful and the patient's need to prove that his doctor is useless - usually leads to strain." **The Doctor, his Patient, and the Illness - Michael Balint***

BALINT GROUPS ARE A WELL-ESTABLISHED FORM OF CASE-BASED DISCUSSION, WHERE THE FOCUS IS ON THE EMOTIONAL IMPACT OF THE DOCTOR-PATIENT RELATIONSHIP. BALINT GROUPS HAVE AN INVALUABLE SUPPORT FUNCTION ALONG WITH DEVELOPING OUR REFLECTIVE CAPACITIES.

ONLINE EVENT VIA ZOOM

FRIDAY 29TH APRIL 2022 09:00-13:00

FOUNDATION YEAR (1&2) DOCTORS ONLY

£40 PER PERSON*

SPACES ARE LIMITED TO 20 DELEGATES

*DEDUCTIBLE FROM THE UK BALINT SOCIETY MEMBERSHIP REGISTRATION FEE

REGISTER AT

WWW.BALINT.CO.UK