

**SAS IMT Bootcamp**

**1<sup>st</sup> – 3<sup>rd</sup> November 2021**

**Scottish Centre for Simulation & Clinical Human Factors**

**Course Evaluation Report 2021**



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## Contents

|                                       |           |
|---------------------------------------|-----------|
| 1. Introduction & aims                | Page 3    |
| 2. Findings & feedback from attendees | Pages 4-8 |
| 3. Conclusion                         | Page 8    |



## 1. Introduction & aims

This inaugural bootcamp was designed as an opportunity for SAS doctors wishing to gain IMT competencies to attain some of those that are difficult to achieve in clinical practice. These were competencies required as evidence for CESR or to re-enter a training scheme, or simply to upskill for an existing or new clinical role.

To ensure that attendees had a basic level of knowledge, entry to the course was restricted to those with at least 6 months of medical / medical speciality experience within the last 5 years, preferably accompanied by ALS completion within the last 5 years.

SAS doctors and faculty from all regions of Scotland and England were brought together for three days of intensive education hosted at the Scottish Centre for Clinical Simulation and Human Factors (SCSChf) based at Forth Valley Royal Hospital (FVRH) in Larbert, from 1<sup>st</sup> to 3<sup>rd</sup> November 2021.

Participants from NHS Scotland were funded via the SAS Development Fund to undertake the bootcamp, while those from NHS England were self-funding.

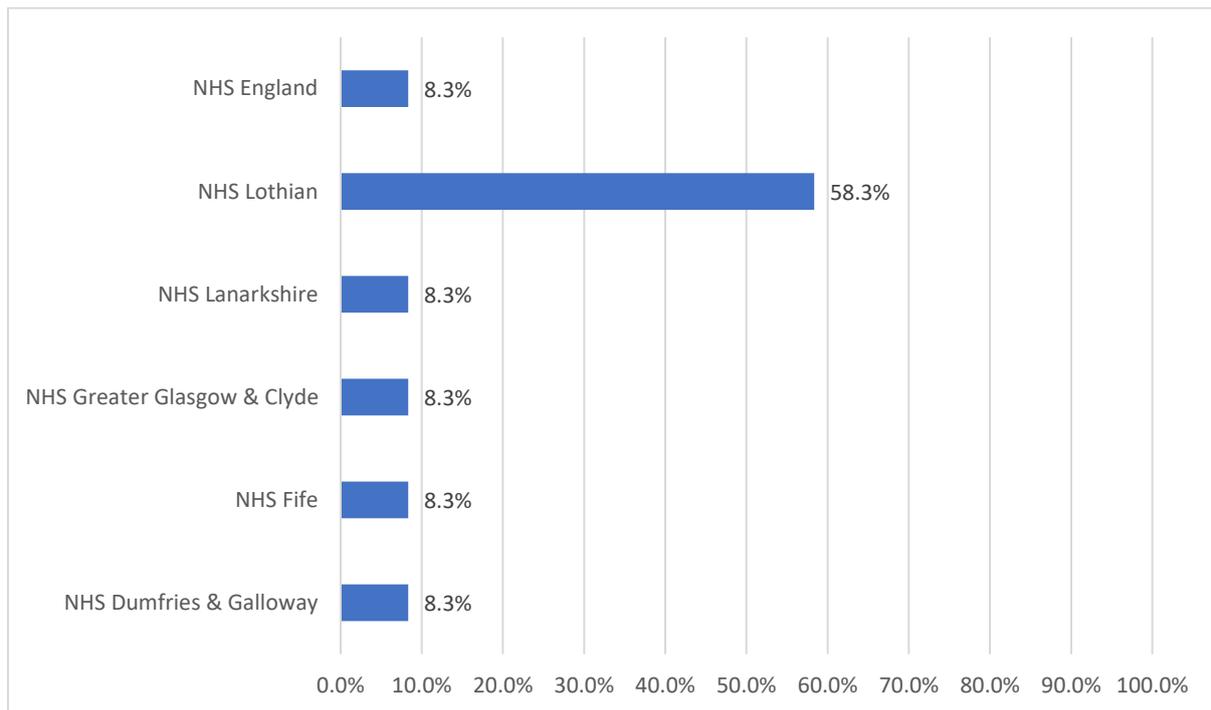
## 2. Findings & feedback from attendees

The following charts demonstrate the key findings following analysis of the responses from the bootcamp pre- and post-course questionnaires. There was a 100% response rate from the 12 attendees.

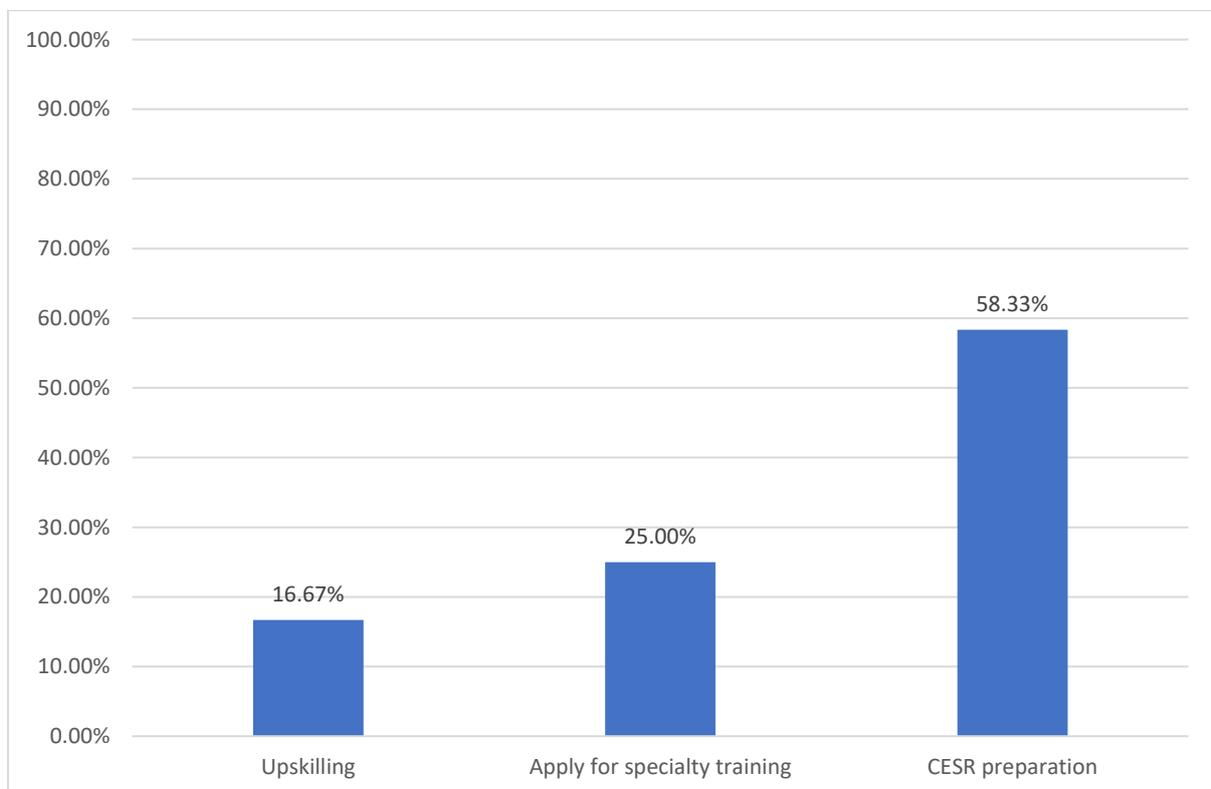
This report features photographs taken during the bootcamp which participants have given consent to be used for reports, presentations, promotional material and publications.



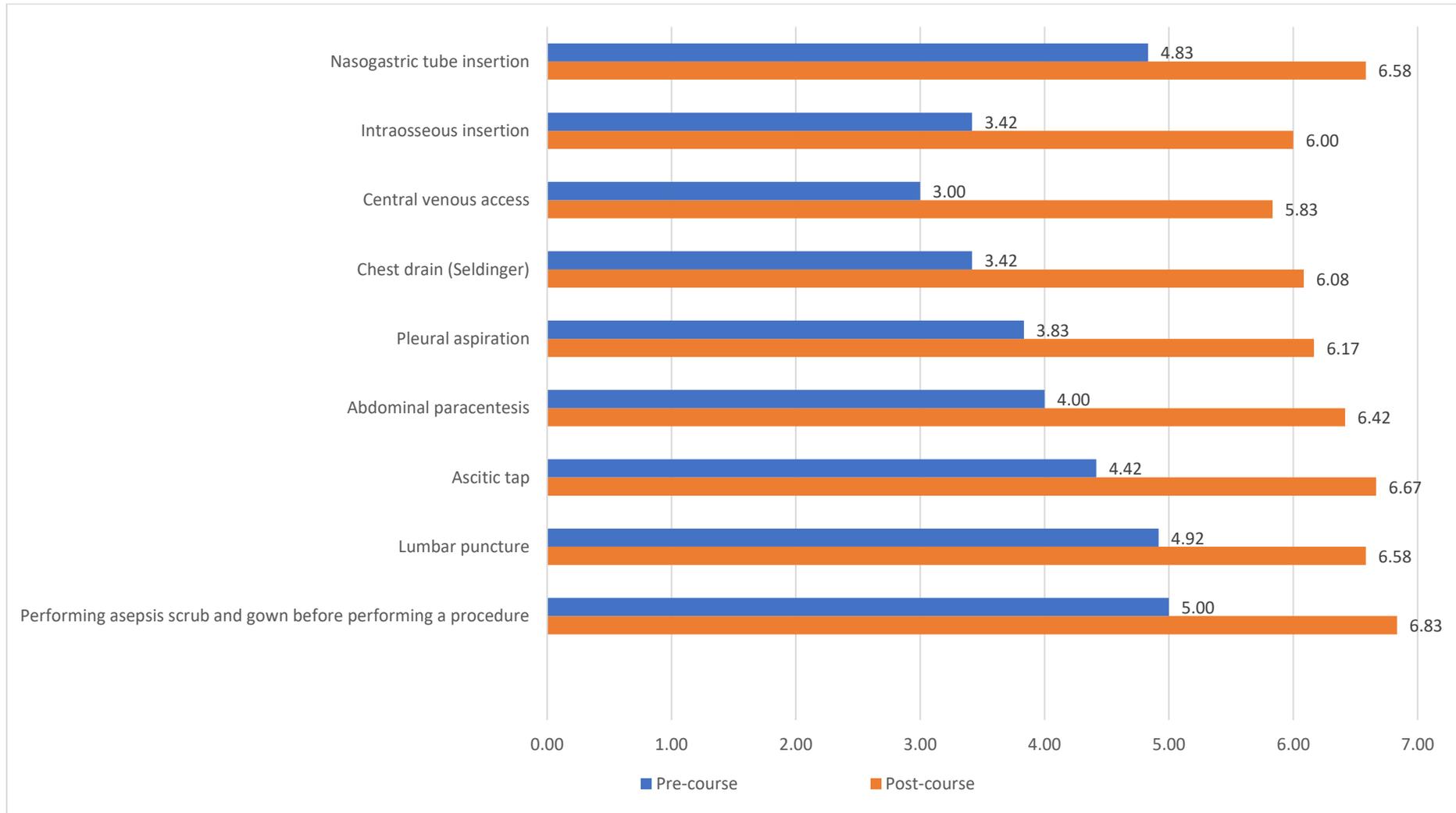
## 2.1 Breakdown of attendees by Health Board/Region



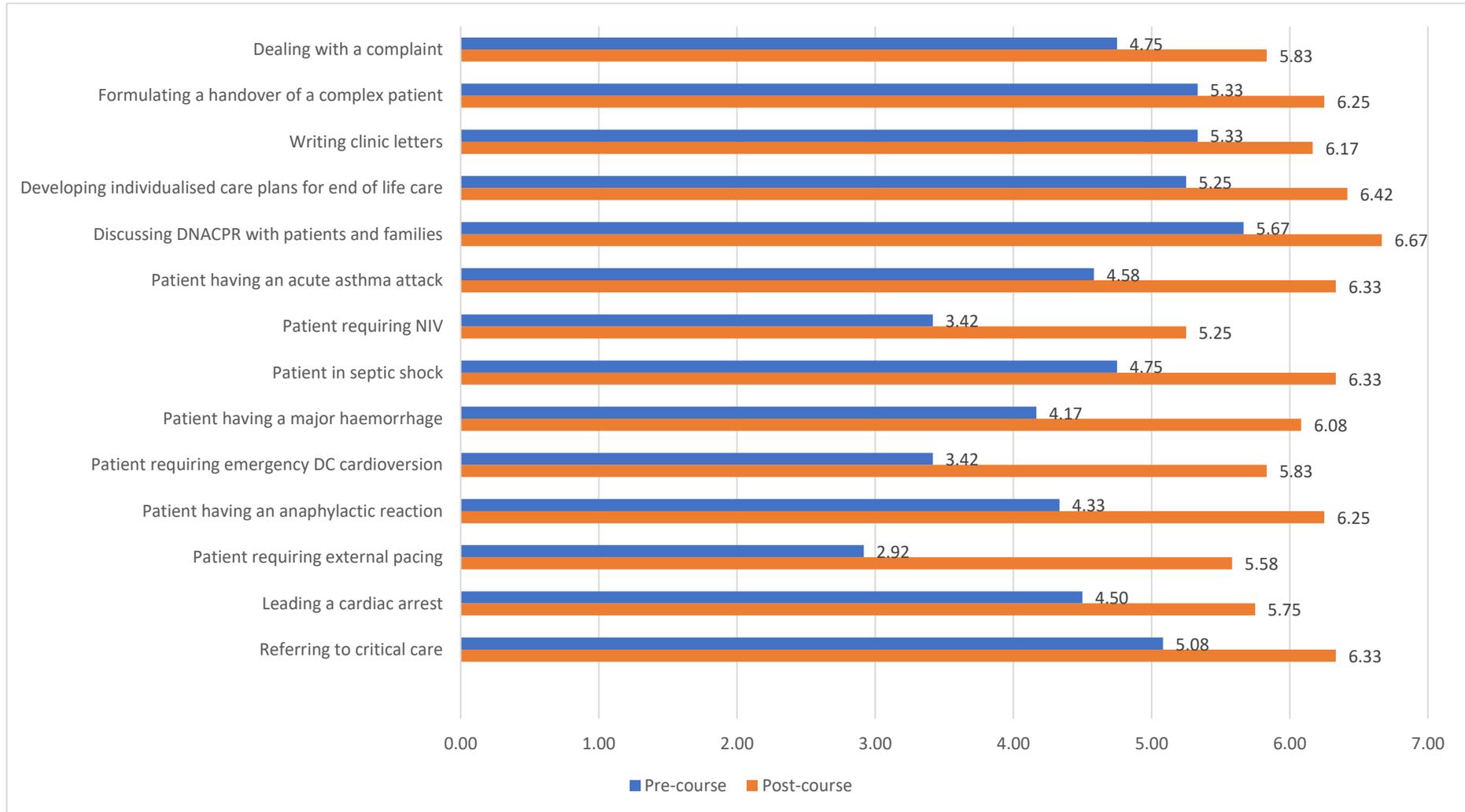
## 2.2 Main reasons for attendance at the boot camp



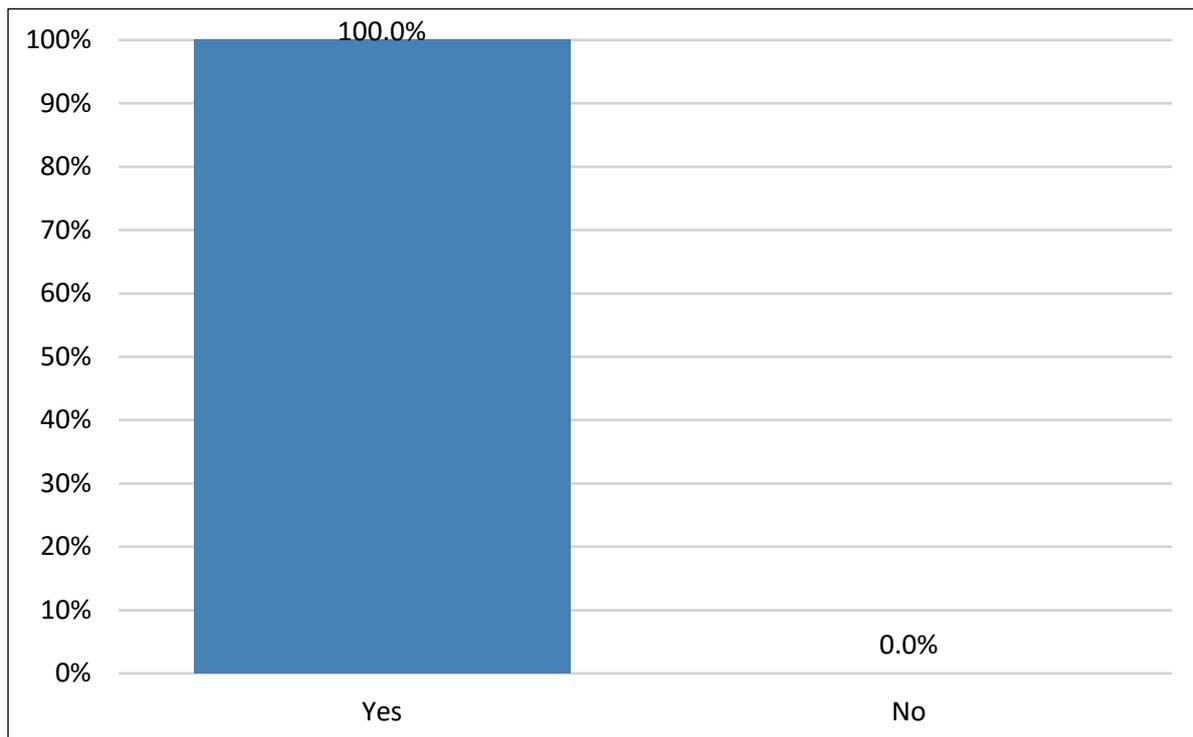
**2.3 Average confidence levels in the following adult medical interventions pre- and post-bootcamp  
(1 = not at all confident, 7 = completely confident)**



**2.4 Average confidence levels in the following situations pre- and post-bootcamp  
(1 = not at all confident, 7 = completely confident)**



## 2.5 Percentage of attendees who would recommend the bootcamp to colleagues



## 2.6 Feedback including how attendance at the boot camp enabled attendees to improve their clinical skills for managing patients

Aiming to set up an elective ascitic drainage service.

Confidence in assessing acutely unwell patients.... Particularly common presentations, but perhaps I haven't seen them recently due to field of work, such as asthma and GI bleed.

Really useful session with dealing with complaints, particularly my own emotional care.

Confidence in approaching a procedure - preparing, communication, asepsis etc and familiarity with equipment.

Improving handover relevance, order of priority.

It has greatly enhanced my clinical skills.

Gave me the confidence and calm of treating acutely unwell patients and doing procedures more confidently.

Competent to carry out all procedures under direct supervision.

Structured approach to managing sick patients.

1. Refresh of simulation of caring for critically unwell patients and team working.

2. Good refresh of all clinical procedural skills.

3. Helpful session on looking at good medical documentation and effective clinic dictation/letters.

4. Helpful to look at how to handle complaints and duty of candour situations.

Greater confidence for procedures

More structured approach to procedures.

Approach to acutely unwell patient on acute take

Made me more confident in pleural taps/ drains

Bootcamp has been an enriching experience altogether without a doubt; it has given me more confidence to manage patients under my care; we discussed so many updated guidelines at the

bootcamp which has been helpful. Also, discussion by expert trainers regarding use of various technical and non-technical skills has been enlightening.

We felt overjoyed to get the opportunity; the training was much more engaging than we had thought; and in between coffee breaks when we could interact, each one of us thought that it was an enriching experience.

I couldn't stop myself from commending and appreciating the trainers; I had been for years trying to get on such course but was told that as SAS I couldn't. Looking forward to further similar events to upskill and work towards betterment.

## 2.7 Ways in which attendees thought the bootcamp could be improved

Focus on career progression (CESR) for example

Although this was great, maybe if the bootcamp was allowed for more time, then stations wouldn't need to be rushed; and we would get time in between to grasp /discuss and reflect more.

More time to practice certain procedures

Joint aspiration on a mannequin/model

## 3. Conclusion

The feedback from this bootcamp was overwhelmingly positive, with participants reporting that they felt significantly more confident across a range of clinical procedures and situations upon completion of the course.

Verbal feedback direct to the organisers focused on feeling valued and gratified that they were afforded a dedicated opportunity to focus on their personal development. Given the success of this inaugural event, further bootcamps for this staff group will be planned in the future.

