## Care Navigation Patient has a Patient Looks for info on kirriemuirmedical Decides on how they wish to do this No further contact practice.gp.scot -Needs further help-Shared decision on best Triage outcome Pre-booked Social prescriber Practice Routine F2F GP/GPN/ Message left HCA Mental health School Nurse Routine Near Me GP/Pharmacist/GPN Routine telephone GP/Pharmacist/GPN **NHS Inform** Self Help only Refer on Secondary Care Aural care Contact SW Physiotherapy **Angus Optix** External Rheumatology on DMARD, Crohn's/ UC (IBD), Diabetics on insulin, Epilepsy