

Assessing cognition: an alternative approach

C Robson, F Gray, C Armstrong, C Hallewell

Medicine of the Elderly, Integrated Older People Service, Liberton Hospital.

Email: Claire.robson@nhslothian.scot.nhs.uk



Goals of Integrated Older People Service

Person centred approach - maximise patients' ability to live well in the community.

Comprehensive geriatric assessment

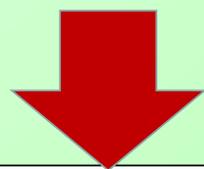
Shared decision making

Support older people to remain in their own homes as healthily and independently as long as possible.

Provide good palliative and end of life care.

Cognitive Pathway

Concerns about cognition raised by Patient/MDT/GP/relatives

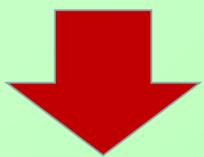


Joint MOE/OAP MDT

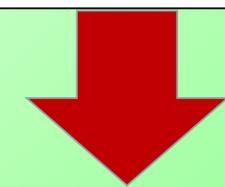
4AT, MOCA, IQ Code, ACE III, CT HEAD

Collateral history

Questions to determine the impairment in individual domains of memory



Clinic follow up with patient and carer in Liberton day hospital

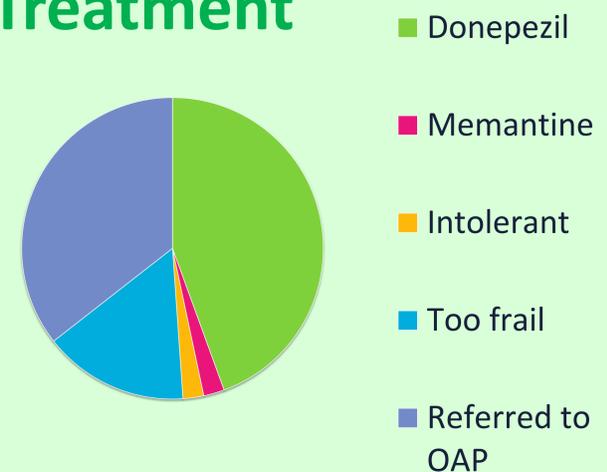


Onward referral as applicable for post-diagnostic support

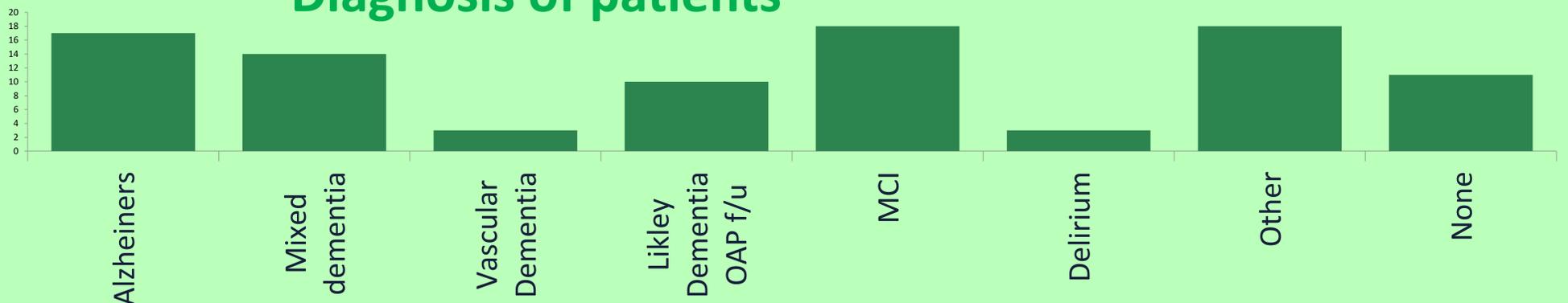
Why Change?

- Patients present with frailty & multiple co-morbidities
- Previously referred onto old age psychiatry.
- Delayed diagnosis
- Wasting resources

Treatment



Diagnosis of patients



- 31 patients reviewed in first year. 130 patients reviewed in last 2 years at Liberton
- Diagnosis and follow up in familiar surrounding while having a comprehensive review of co-morbidities/frailty.
- 3 patients offered treatment in first year, In subsequent years - 22 offered treatment and 16 OAP follow up as complex and requiring CPN input.
- The future is bright !

