

Scotland Deanery News

Issue 16 | Summer 2019

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FOREWORD



*Professor Stewart Irvine
Medical Director*

Summer is upon us and so too the latest edition of our newsletter with its usual mix of news and developments from the Deanery.

I am delighted to announce that we shall again host the Scottish Medical Education Conference in 2020. Marking the 30 April and 01 May in your calendar should therefore be a priority!

Details of the conference are followed by a short promotion of the Deanery website News and Events section where you can find details of publications and events relevant to trainees and trainers.

Then follows a fascinating piece about our end of post Scottish Training Survey (STS) including the free text comments provided by the doctors in training, as part of the survey. You will hear how we use the survey responses to inform our quality management process and about an interesting thematic analysis we have carried out across all of the comments received. Whilst some of the findings are expected others are less so and very interesting. A link to the full thematic analysis is provided.

We then include information on the 2019 Developing Excellence in Medical Education Conference (DEMEC) which takes place in Manchester at the end of the year. A great opportunity to engage with fellow trainees and hear from senior UK medical educators.

Delivering the right care, to the right people, at the right time and in the right place is at the heart of the Chief Medical Officer's 'Realistic Medicine' vision. To do this requires excellent access to assured information and we include a feature on our Knowledge Network with links to where you will find the most up to date research, evidence and guidance.

FOREWORD



Professor Stewart Irvine
Medical Director

Helping loved ones cope with death is something many health and social care professionals have to do in the course of their duties and we continue to support frontline staff through our bereavement work. In this edition, we preview a new film resource that considers how news of death may be delivered by telephone, when not possible face to face.

In closing, we are pleased to announce that our first Bereavement Education Conference will take place in November and that our Chief Medical Officer, Dr Catherine Calderwood, has been confirmed as the keynote speaker. With a strong emphasis on case work and clinical application, it is sure to be a very valuable day, for all who attend.

I hope you benefit from the reading the articles and enjoy the summer months.
Prof Stewart Irvine

Following on the growing success of this event, NES is delighted to confirm that it will be hosting the

10th National Scottish Medical Education Conference

**30 April &
1 May 2020**

Edinburgh
International
Conference
Centre

This meeting will be of interest to all those involved in medical education and training, including students, trainees, trainers, managers, those working in primary care, secondary care, Universities, Deaneries and Medical Royal Colleges.

The meeting will aim to outline recent development and explore the many challenges facing undergraduates and postgraduate medical education and training, in a time of tightening resources and evolving regulatory requirements.

There will be a number of parallel conferences:

- Scottish Medical Appraisal Conference
- The Scottish Practice Management
- Development Network Annual Conference
- 3rd National Nursing and Midwifery and Allied Health Professional Conference
- Dental Conference
- Pharmacy Conference

There will be the opportunity for joint sessions highlighting interprofessional learning.

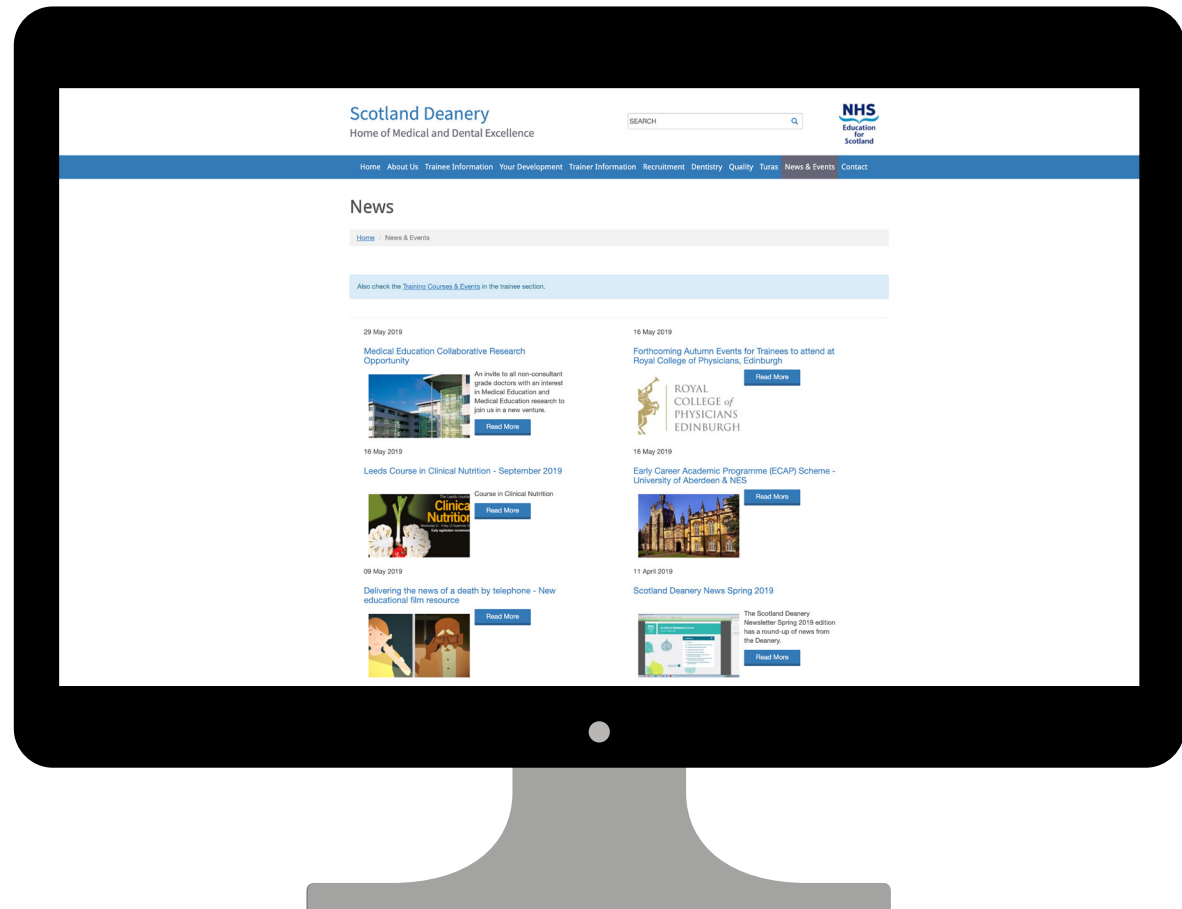
The meeting is sponsored by NHS Education for Scotland, and there is no charge for participation.

DEANERY WEBSITE NEWS AND EVENTS

Scotland Deanery Website: News and Events

Deanery publications and promoted events are available on the Scotland Deanery website News and Events section here:

<https://www.scotlanddeanery.nhs.scot/news-events/>



SCOTTISH TRAINING SURVEY: FREE TEXT COMMENTS

The Scottish Training Survey (STS) was introduced in 2013 and all trainees complete it at the end of each post they undertake. The driving aim was to have a survey that produces robust indicators for quality management. The survey collects both quantitative and qualitative data. Quantitative data allows for the production of RAG (Red and Green) reports. The RAG reports are a means of summarising the responses to the survey that gives a single reference statistic which provides an indication of the units that are most likely to be examples of best practice or have issues that require intervention, such as a visit.

The qualitative survey data – in the form of free text comments – are reviewed by Associate postgraduate deans (quality) in order to see where specific comments can be acted upon to improve particular trainee placements. The free text comments are also analysed more broadly by a dedicated NES researcher, both by training grade and specialty, to see what they can tell NES about overall good and bad trainee experiences.

A detailed report of the free text comments is circulated to quality management teams and specialty leads for their consideration, so that each specialty can see if there are any important messages for their training programmes.

The STS is administered four times per year (November, February, March and June) in order to gather feedback from trainees changing post at different time points throughout the year. The June survey is the most comprehensive, since all trainees rotate at this point (over 5,000 trainees).

Analysis of the free text comments from the most recent complete survey (June 2018) showed that, across all specialties there were many similarities in the types of comments made by trainees – the themes of supportive environment, good staff relationships and good teaching and learning opportunities featured prominently.



SCOTTISH TRAINING SURVEY: FREE TEXT COMMENTS

However, some specialty differences can be observed. Trainees in Medical, Obstetrics, Gynaecology, Paediatrics and Surgical specialties were more negative about learning opportunities. Trainees in Anaesthetics, ICM & EM were the most likely to report feeling exhausted.

Trainees in Mental Health reported high levels of satisfaction with supervision, but were the most likely to report feeling they were being insufficiently challenged and were working beneath their capabilities. GP trainees in primary care placements made few negative comments overall, whilst Foundation trainees in all specialties were the most likely to make negative comments about many issues, but especially rotas, staffing levels, workload and patient safety.

Whilst most of the data collected by the STS is quantitative, the free text comments form an important part of the survey – allowing a more detailed and nuanced picture to be built up for different placements and specialties. Analysis of the most recent data

allows us to conclude that there is much to be positive about - with a good deal of praise from trainees for consultants/seniors who were approachable and keen to teach, and many comments about good formal and informal teaching and friendly, inclusive teams. However, the overall picture is mixed, with some posts perceived as understaffed, with trainees feeling that their training needs were unimportant and they were just providing service provision, sometimes in an environment which felt unsafe.

Here is a link to the full report:

<https://www.scotlanddeanery.nhs.scot/quality/survey-reports/>



HOW TO FIND THE RIGHT INFORMATION



In the Chief Medical Officer's latest report on practicing **Realistic Medicine**

she asks the question:

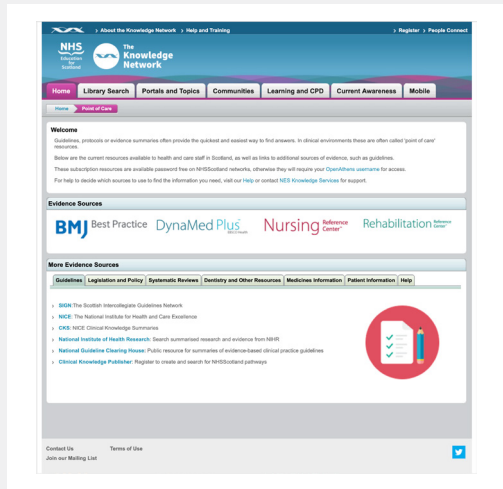
“ How do we ensure we are delivering the right care to the right people at the right time and in the right place? ”

This is a huge challenge for all, but particularly for Junior Doctors entering the profession. Access to good quality assured information is vital at point of care.

The Knowledge Network provides health and social services in Scotland with access to the most up to date research, evidence and guidance needed to support policy, practice and every day decisions. It is delivered by NHS Education for Scotland (NES). This year NES spent £3 million on subscription resources which include evidence summaries, databases such as Medline and the Knowledge Network library to access journals, articles and e-Books.

KNOWLEDGE NETWORK

Evidence summaries are a good place to start when looking for information. Services such as BMJ Best Practice and Dynamed outline the current evidence related to a clinical condition and recommend actions to take in practice. They are produced by experts after reviewing all the available information from research and experience and are designed to provide quick answers to questions at the point of care. Many are available as Apps for your mobile, so you can access them offline.



Visit the Knowledge Network:
www.knowledge.scot.nhs.uk

Select Find the Evidence to see
the range of services:
[www.knowledge.scot.nhs.uk/
pointofcare](http://www.knowledge.scot.nhs.uk/pointofcare)

Try BMJ Best Practice and
DynaMedPlus in the first instance

Use the Help pages to find out
more about the differences
between the services

Clinical Evidence summaries: at a glance

- Supports clinical decisions at the point of care
- Summarised, validated evidence from diagnosis to treatment
- Access to guidelines, patient information and medicines information
- Quick and easy to use
- Supports education, practice and research
- Available for web and mobile platforms

When you need information on a topic or to explore a topic in more depth it's a good idea to look in books and journals and databases.

Ideal starting point is the 'Library Search' on The Knowledge Network: www.knowledge.scot.nhs.uk. From here you can find all the journals, articles, books and e-Books available to health and care staff in Scotland.

You can access many resources password free if you are on NHSScotland premises. Otherwise you will need to use your NHSS OpenAthens username for full access. Its quick and easy to register and you can sign up at [Athens registration](#)

We provide free training on how to use the library services and are running these webinars in August and September:

Knowledge Network Walkthrough

A live demonstration of the key features of the Knowledge Network, to help you navigate to the areas of most use to you and to highlight tools to make finding information easier. Session lasts for approximately 1 hour with a chance to ask questions. Find out more [here](#).

We are also available to provide bespoke face to face training for teams, contact the NES Knowledge Services Help Desk: knowledge@nes.scot.nhs.uk or your local [NHSScotland library service](#).

To keep up to date, follow us on Twitter [@NESKnowledge](#) and sign up for our [Knowledge Nuggets](#) newsletter.



DELIVERING THE NEWS OF A DEATH BY TELEPHONE

New Educational Film Resource

A new animated short film '[Delivering the news of a death by telephone](#)' has been produced by NHS Education for Scotland (NES). This educational resource will be particularly relevant to medical staff, in addition to other health and social care professionals who may be involved in communicating the news of a death by telephone.

The five-minute film is openly accessible on NES' [Support around Death website](#). It is also accompanied by a [downloadable summary leaflet](#) of key learning points and further questions to consider.

Health and social care professionals may worry about what to say when speaking to a person's next of kin by telephone and may even question whether it is right to communicate the news of a death by telephone at all.

This quick to view film resource will support practitioners to have more confidence in delivering bad news when this cannot be done face to face.

This animation is the 14th short film that NES has produced on bereavement-related topics. Collectively these have been viewed approximately 30,000 times. They are being used across Scotland for training purposes and are increasingly also gathering interest internationally. All of these film resources are available at www.sad.scot.nhs.uk.

For more information about this or any of the NES bereavement educational materials please contact supportarounddeath@nes.scot.nhs.uk or follow [@NES_Bereavement](https://twitter.com/NES_Bereavement)



NHS Education for Scotland Bereavement Education Conference 2019

JOIN US

NHS Education for Scotland's inaugural bereavement education conference:

**Starting with the end in mind;
A realistic approach to
bereavement and resilience**

DATE

Monday 11 November 2019

VENUE

The Royal College of Surgeons of Edinburgh,
Quincentenary Conference Centre, Surgeons
Quarter, Nicolson Street, Edinburgh, EH8 9DW

COST

Free

**Scotland's Chief Medical Officer,
Dr Catherine Calderwood,
will open the day.**

**Closing the day will be Adam
Kay, author of the award-
winning bestseller, *This is Going
to Hurt*.**

WHO SHOULD ATTEND?

Health and social care professionals

WHY ATTEND?

Delegates will have the opportunity to attend a range of plenary and workshops sessions on bereavement-related topics.

A strong emphasis will be placed on case scenarios throughout the day, to maximise the potential for practical clinical application.

TOPICS COVERED WILL INCLUDE e.g.:

- Managing legal processes after a death
- Dealing with sudden and unexplained deaths
- Child bereavement
- The needs of LGBT people around bereavement

For further information, including a full conference programme and details regarding poster abstract submissions please [click here](#)

CPD credits to be confirmed

 www.events.nes.scot.nhs.uk

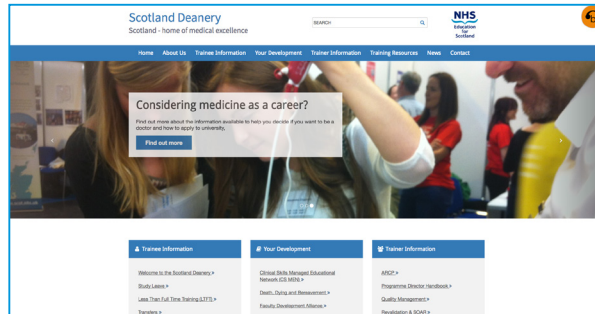
 events@nes.scot.nhs.uk

 [@NES_Bereavement](https://twitter.com/NES_Bereavement)

#NESBereavement2019

NES MEDICAL WEBSITES

Created specifically for the needs of Scotland's Medical trainees and trainers, are the following resources:



The Scotland Deanery Website

The Scotland Deanery, along with our Local Education Providers, is responsible for managing Medical Training and Training Programmes across the four Scottish regions. Here you'll also find details of the Deanery's Quality Management activities, its key staff and locations plus information on Professional Development for doctors.

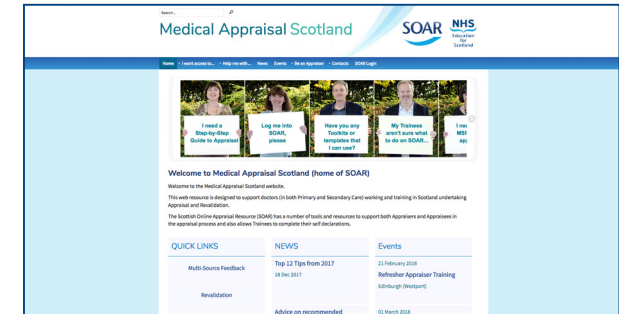
www.scotlanddeanery.nhs.scot



Scottish Medical Training

This site is the principal resource to learn more about how to apply for Foundation, Core and Specialty Medical Training in Scotland. Here you'll find regularly updated information about application windows (how and when to apply), a directory of 50+ GMC-approved medical specialty programmes and first-hand accounts about training from trainees and trainers. There are also useful insights on career direction and what it's like training and working in Scotland.

www.scotmt.scot.nhs.uk



SOAR

Designed for doctors (in both Primary and Secondary Care) working and training in Scotland, for their Appraisal and Revalidation needs. SOAR is used by Appraisers and Appraisees to aid the appraisal process, and for Trainees to complete their self-declarations. Here you'll also find a SOAR user guide, handy FAQ's and examples of Quality Improvement Activities.

www.appraisal.nes.scot.nhs.uk

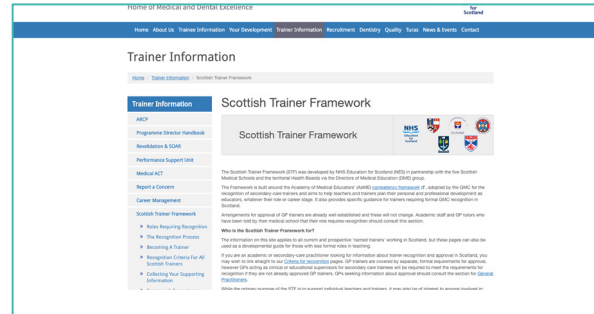
NES MEDICAL WEBSITES



Clinical Skills Managed Educational Network

This site provides information about the Clinical Skills network, which plays a key role in implementing the Clinical Skills Strategy for Scotland. The focus has been on improving patient safety and clinical outcomes by supporting access to high quality, multiprofessional skills training and clinical simulation across Scotland. CS MEN develops online educational resources, manages and deploys a Mobile Skills Unit (MSU) which provides state of the art simulation facilities for remote and rural healthcare practitioners and has built a national network of healthcare educators and practitioners.

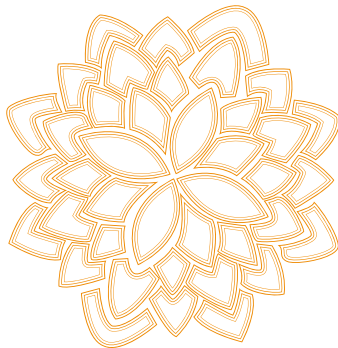
www.csmen.scot.nhs.uk



Scottish Trainers Framework

The Scottish Trainer Framework (STF) resource supports trainers working in Scotland, both undergraduate and postgraduate, whether working in primary, other community or secondary care settings. Here you'll find guidance for secondary care trainers requiring formal GMC recognition in Scotland and information about 'training for trainers', the seven GMC 'framework areas' for educational CPD and guidance for trainee doctors looking to develop a broad skills-base that include training. The Scottish Trainers Framework information has moved to the Trainers section of the Scotland Deanery website.

www.scotlanddeanery.nhs.scot/trainer-information/scottish-trainer-framework/



NHS Education for Scotland
Westport 102
West Port
Edinburgh
EH3 9DN
www.nes.scot.nhs.uk

Please contact us with newsletter feedback and ideas for articles at:
www.scotlanddeanery.nhs.scot/contact/

Social

Join in the conversation at:

This resource may be made available, in full or summary form, in alternative formats and community languages. Please contact us on **0131 656 3200** or email altformats@nes.scot.nhs.uk to discuss how we can best meet your requirements.

