

SCOTTISH FOUNDATION SCHOOL

Scotland - home of medical excellence

Welcome to the 5th edition of your Foundation Newsletter

Posts 1 and 4 are now complete and you are well into your year of training. In this edition you will find information on what you need to do to prepare for speciality recruitment and the Foundation study leave process.

ARCP (Annual Review of Competence Progression) Requirements 2019

We hope you are progressing well with portfolio coverage and ARCP requirements. As a reminder, you will find a list of the requirements on the [Foundation School pages](#) of the Scotland Deanery website. The list is not exhaustive and you may wish to catch up with your FPD to ensure you are on track.

Please ensure you complete the Scottish Trainee Survey (STS) which will be sent to you shortly after you complete each block of training. The survey helps support the Deanery Quality Management process and the data collated informs the quality assurance of your training post and helps drive improvement in the training environment.

Are you an International Medical Graduate (IMG)? A [new page for IMG trainees](#) is now available on the Scotland Deanery website.

Useful Links

Scotland Deanery website:

<http://www.scotlanddeanery.nhs.scot/>

Platform—e-Portfolio:

<https://turasdashboard.nes.nhs.scot/>

Scottish Medical Training website:

<http://www.scotmt.scot.nhs.uk/>

The Foundation Programme (UKFPO) website:

<http://www.foundationprogramme.nhs.uk/pages/home>

If you are an AFP trainee, you will shortly receive a survey regarding your experiences of the AFP. Please look out for this; your input will be helpful in improving the Programme.

What do you want to see in future editions?

Please email any

COMMENTS

sfas@nes.scot.nhs.uk

Ideas

Article
Suggestions

Feedback



www.scotlanddeanery.nhs.scot

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We are here to help. Please contact us.

Study Leave for Foundation doctors

The Scotland Deanery operates a national process and system to ensure that all applications for study leave are considered on a fair, equitable and consistent basis. All applications are made through Turas TPM (the NES online training management system). The [Policy and Operation Guide](#) is available on the website and the BMA have been consulted and contributed to the support of the policy.

FY1

FY1s do not have a formal study leave entitlement other than to attend the Mandatory Delivered Education Programme and any courses organised by the Deanery (ILS, simulation etc.) You may use 5 days as taster leave within the last post of FY1.

FY2

In FY2 you can apply for study leave for a selected number of reasons. These are detailed on the [website](#).

FY2s have 2 days for eALS and up to 5 days for Tasters. This study leave is non-transferable and can only be used for these purposes. Taster time can be taken in either the third block of FY1 or the first block of FY2. It would usually be taken as 5 days for each specialty/GP area. Tasters are usually taken in your own region unless the clinical specialty isn't available locally. Please see the [advice on tasters](#) on the website for further information.

Of the remainder, much is taken up with your Mandatory Delivered Education Programme and simulation training. All the funding available for FY2 study leave is used to fund the eALS course and simulation training.

Further Study Leave days may be available for appropriate Study Leave. You may apply for time to attend postgraduate exams but not courses to enhance your application. Study Leave in Foundation can only be used to satisfy your completion of the Foundation curriculum. You are entitled to leave for interviews however this should be taken as service leave; you are contractually entitled to this however you must give adequate notice.

Study Leave Application Process

Firstly you should request leave from the service and then submit a request on TURAS for your FPD to approve. This should be submitted six weeks in advance of the leave date. If you are uncertain as to whether this is appropriate use of study leave please contact your FPD for advice in advance of the application.

For FAQs about Study Leave for Foundation trainees, please click [here](#).

If you have any queries, please contact study.leave@nes.scot.nhs.uk.

Preparing for Specialty Recruitment

The recruitment application window for ST1 and CT1 posts opened at 10am on 7th November 2018 and will close at 4pm on 29th November 2018. Please see the [Scottish Medical Training](#) website for details and links to the speciality recruitment person specifications. Posts and programmes are advertised on [Oriel](#) and most core/speciality interviews take place in January and February – please keep an eye on your Oriel account.

Broad-Based Training Programme

Scotland will again be recruiting to the [Broad Based Training programme](#) which offers a firm foundation in four specialties with direct entry into year two of each of these specialties. The programme includes six months in each of the following specialties; Internal Medicine Training, General Practice, Paediatrics, Psychiatry. During each of the four attachments, 10% of training time is spent in one of the other three specialties. The programme allows time and confidence to develop before having to progress to a further career choice, whilst still gaining GMC training recognition. The training provides an integrated approach across disciplines, and allows direct entry into second year of training in any of the four specialties without further interview.

Planning for success

This is the time to plan how you are going to make yourself competitive for the post you want. Consider the number of QI/audit projects you have done. Try to make sure they have relevance to the proposed specialty. Remember you should consider re-audit/close the loop or evaluate your QI project. Keep evidence of teaching schedules where you present and always request written feedback on your performance.

Tasters

You should think about planning a taster session. The Foundation School expect that you will undertake tasters in your own region. We will not approve a taster outside your region unless your region does not offer that specialty. Tasters cannot be done overseas and are not opportunities to get yourself known in your preferred department. The exception to out-of-region tasters is for remote and rural GP tasters. Your first step is to secure leave from your department then apply through Turas for study leave. You should co-ordinate this by approaching the department you wish to visit to make sure it is suitable for them. If you are having trouble organising this your FPD can help. You should consider asking to meet the TPD for the specialty as they have access to career advice in their specialty. Further information about tasters can be found [here](#).

Once you have applied...

Keep an eye on [Oriel](#) and the [Scottish Medical Training](#) website and look at College websites for career advice and specialty-specific recruitment advice. Please also read the [Medical Speciality Recruitment 2019 Applicant Handbook](#), specifically the section on “Interviews and Selection Centres” under “Interviews and Offers”.

Undecided what you wish to do after Foundation?

Career advice is available to you from your educational supervisors, your FPD and, if you have not been able to source the information you require, in each region there is an Associate Postgraduate Dean with a specific remit of offering career advice. Their details can be found on the [Scotland Deanery website](#).

Training Courses and Events

National Foundation Doctors Presentation Day

Friday 11th January 2019

Mercure Bristol Holland House Hotel & Spa

All Foundation Doctors and Trainers are invited to a day of presentations by FY1 and FY2 doctors. Judges will include representatives of the UKFPO, GMC, HQIP and more. If you are a current FY1 or FY2 doctor, you are invited to submit abstracts relating to work undertaken during your Foundation Programme training. Work may be entered in the following categories: Research, Care Reports, Education, Sustainability, Quality Improvement. Successful abstracts will be presented as oral or poster presentations. Applications describing work in progress are eligible. Click [here](#) for further information.

Foundation Academic Conference

Friday 17th May 2019

Edinburgh International Conference Centre

The Foundation Academic Conference 2019 will take place on Friday 17th May 2019. The conference will be trainee-centred and will be of interest to academically minded medical students, Foundation trainees and any faculty or more senior colleagues who are involved with Academic Foundation trainees. Themes of academic research, education and leadership training will be included. There will be a focus on Foundation trainees themselves and their experiences. More details will be available in the coming months.

F2 Immersive Simulation Training

Various dates and locations

As part of your FY2 year, you should be allocated either a “ward sim” or a “clinic sim”. These are not ‘assessed’ however you will receive constructive feedback and they are an excellent opportunity to map to your foundation curriculum outcomes. Trainee feedback has been excellent. Attendance at these sessions contributes to the 30 hour teaching attendance quota. If you have any queries, please contact your local Foundation team.

Further training opportunities can be found on the Scotland Deanery website or by clicking the link below:

[TRAINING COURSES AND EVENTS](#)

Disclaimer: Allowing an event, conference or course to be advertised on our website does not imply endorsement by the Scottish Foundation School

Previous Scottish Foundation School Newsletters and other helpful information on your training in Scotland, as well as news from the UK Foundation Programme Office, can be found on the [Scotland Deanery website](#).