

**Minutes of the Mental Health Specialty Training Board meeting held on Monday 26  
February 2018, at 10am, Room 3, Westport, Edinburgh (with videoconference links)**

**Present:** Rhiannon Pugh (RP), Marie Therese Allison (MTA), Richard Athawes (RA), Daniel Benett (DB), John Crichton (JC), Euan Easton (EE), Rob Gray (RG), Rekha Hegde (RH), Ronald MacVicar (RMV), Seamus McNulty (SMN), Dianne Morrison (DM), Norman Nuttall (NN), Stuart Ritchie (SR), John Russell (JR), Chris Sheridan (CS), John Taylor (JT), Shona Walker (SW)

**Apologies:** Jim Crabb (JCra), Stephen Lawrie (SL), Alice McGrath (AMG), David Ramsay (DR), Karen Shearer (KS), Andrea Williams (AW)

**In attendance:** Dawn Mann (DM), Naomi Mercer (NM), Paola Solar (PS), Katherine Vlitos (KV)

<b>Item</b>	<b>Lead</b>
<p><b>1. Welcome and apologies</b> The group were welcomed to the meeting and the apologies were noted.</p>	
<p><b>2. Mental Health STB Minutes 04.12.17</b> The minutes of the previous meeting were approved as a correct record.</p> <p>From the action points it was noted:</p> <p>2. WPBA in ST4 RP will check letter to CAP trainees with AMG.</p> <p>9. Deputy TPD It was clarified that RMV will check with MDET if there is any support for a deputy TPD in Psychotherapy as suggested by SMN. RP will include this suggestion in her next report to MDET.</p> <p>RP will circulate all her reports to MDET to the STB, for information.</p> <p>The remaining actions from the previous meeting are completed or on the agenda.</p>	<p><b>RP</b></p> <p><b>RMV RP</b></p>
<p><b>3. Matters Arising</b></p> <p>3.1. Outcome 5 on Turas – generic email issues SR will check the automatic email received after ARCPS to make sure it gives the appropriate guidance. Keep this item on the agenda.</p> <p>3.2. Shape of Training update RMV reported that there is a lot of ongoing work. The main areas are related to Core Medical and Core Surgical Training. The new Improving Surgical Training will be piloted in Scotland.</p> <p>All specialties who are revising their curricula must comply with the Shape of Training requirements. The STBs will be involved as advisory groups in</p>	<p><b>SR</b></p>

commenting on the new curricula. A rapid response will be necessary so comments and suggestions will be sought via email when required.

The Cabinet Secretary will launch the Scottish response to the Shape of Training review this week.

3.3. AMP Training Update

AMP training is now provided by NES. The group expressed concern as there are now some 60 people waiting for the Part 2 training. NES had confirmed that the new Part 1 training will be available within the next 2 to 3 weeks. Part 2 is expected to be available in April. The Refresher training will also be available shortly.

NES is trying to attract more AMP trainers as there is a large number of AMP courses to deliver.

3.4. Foundation trainees in Psychiatry

The proposal has gone to MDET and the Scottish Government and it was very well received by both. NES is keen to make it happen in tandem with the move to increase GP placements in Foundation. A formal proposal for both specialties will be put in a paper for the SG. The paper needs to be ready shortly but it will be circulated to this Board prior to sending it to Government colleagues. The paper will include options for funding.

**4. Recruitment**

4.1. CT Recruitment

Core interviews had taken place at the end of January in Dundee. JR noted that fewer people had been interviewed as the bypass system was in place. The number of people allowed to bypass interview was higher than expected. Offers are now out. JR will get fill numbers at the Recruitment Board of 16 March. One area in Scotland is querying the bypass system so this will be looked into.

4.2. ST Recruitment

ST recruitment will take place later in March, in Manchester.

There had been a query from a trainee in the West about the self-assessment section. This had been discussed and addressed.

4.3. International Medical Training Fellowship

Katherine Vlitos, Scottish Clinical Leadership Fellow, had been invited to the Board to speak about IMTFs.

KV explained that the two main schemes to attract overseas trainees to work in Scotland were through the Royal Colleges' MIT programme, and via the Scottish Government's IMTF scheme.

The IMTF scheme asks Health Boards to identify longstanding vacancies and funding and complete a business case for the proposed IMTFs. The Scottish Government ensures that the IMTF posts are educationally appropriate, via the STBs.

There have been 3 Psychiatry posts with the system so far. Two of them are currently filled.

**5. Workforce**

5.1. Core trainees and the State Hospital

SMN explained that GGC sends two core trainees to the State Hospital in Carstairs every 6 months for Forensic experience. Although the health board's officials think that they are not obliged to do so, the state hospital actually owns the budget for two trainees in the West. Unfortunately, this is not formally written anywhere so SMN has to explain to the GGC's Forensic department regularly. DB noted that a similar issue occurs with higher trainees. They do get a good training experience but there is always tension between the state hospital and the Forensic department at GGC, who are reluctant to release the two trainees. SMN will work with Frances Dorrian to put the arrangement in paper clearly. The STB supported this position.

## **6. QM/QI**

### **6.1. GMC Visit 2017**

The GMC visit to Scotland took place in the last quarter of last year. The feedback to NES had been very positive. The final report for Scotland will be presented at the Medical Education Conference in April.

### **6.2. Triggered visit to Tayside**

RMV reported that there had been three visits, two of them very positive with good action plans established. The case of NHS Tayside was more challenging, and the quality team was considering putting the health board into enhanced monitoring.

The concern about postgraduate training and delivery of acute services in Tayside is shared by other Mental health stakeholders. There will be a multi-agency visit to Tayside in May, which will include NES.

## **7. ARCP**

### **7.1. Cross-region working**

The deanery has requested that all specialties consider centralising 10% of their ARCPs in order to facilitate externality as required by standards. All Mental Health specialties except GAP and CPT are national so the request only affects these two.

It has been challenging to get agreement from TPDs. DB noted that TPD colleagues felt that better working within the region was a higher priority. They will see if there are any issues with externality this year and discuss again after ARCPs.

### **7.2. ARCP Outcomes report**

The group felt that the report was very helpful. JR noted that the ETC trainee committee are looking at ARCP across the UK.

### **7.3. ARCP Feedback**

The Board discussed the feedback report sent by Rosie Baillie. The first comment was regarding trainees' awareness of their right to appeal their ARCP outcome. The group agreed that this information was available in the standard letter sent to trainees after an outcome 2, 3 or 4.

The group noted that, regarding the second comment, there is a clear difference between an informal review and a formal ARCP. OOPR are also required to submit some paperwork to show what they are doing whilst they

are OOP. They just need to be very clear about what is formal ARCP or informal meeting.

The third comment was similar to the second one.

RP

RP will send the Board's comments back to Rosie Baillie.

- The Board were asked to check what is on the Deanery website for ARCP requirements. There is a disconnection between the curriculum and the deanery website so it was suggested that the website could have a link to the curriculum. RP will circulate the email to all TPDs for them to check the ARCP requirements on the deanery website.
- The Board had received the template for ARCP panel assessment of ES reports. It was agreed that this will be used as and when it can provide value.

RP

7.4. Reflection on extra work outside of training

This relates to the TPD's responsibility for trainees' out of training work. RP will circulate the template. This will be kept on the agenda.

RP

8. **WPBA**

8.1. Pro rata WPBAs for LTFT

A spreadsheet had been distributed attempting to clarify the number of WPBAs required by LTFT trainees. Core TPDs will discuss to reach an agreement.

EE

9. **Paediatric Child Mental Health Curriculum**

JR noted that there is a new Paediatrics curriculum. PS will circulate to the Board.

PS

Peter MacDonald, Chair of the O&G and Paediatrics STB, had contacted RP to enquire about a subspecialty training programme in Child Mental Health. This will need to be discussed further and will be re-visited next year.

10. **Heads of School**

Next meeting will take place on 16 March.

11. **ETC update**

JR had sent a summary with the main points discussed:

- Neuroscience increasing in the curriculum
- IT challenges at the College
- Paper on exams and pass rates. Fewer people taking CASC.
- Recruitment
- Training committee doing ARCP survey. A new rep from Scotland is required.
- Curriculum – a lot of ongoing work for the next 2-3 years. Aim is to make it simpler to navigate.
- Discussion about bringing back College Tutors.
- Simulation meeting date in London, 27 April.
- JR is the new Associate Dean for Curriculum in the UK.

12. **Updates**

12.1. LDD / MDET highlights

The NES Mental Health, Learning Disabilities and Dementia Workstream has met once. This group is chaired by Judy Thomson, Director of Psychology at NES, and was convened to respond to the Scottish Government's Mental Health Strategy. RP will circulate minutes of this group as they become available. Action 15 of the Strategy was to budget £35M to develop 800 new Mental Health Workers. Although the Strategy's outline is vague, the Workstream had listed several actions to take this forward which RP had circulated to the STB.

SMN is involved in the Adults with Incapacity Act Reform Consultation Subgroup, he will circulate the minutes of the group when available.

## 12.2. Specialties

- GAP – no representative
- CPT – no further update
- Psychotherapy – no representative
- OAP – 7 posts advertised, confident that they will all fill
- ID – 7 posts available, with some interested candidates already.
- Forensic Psychiatry –
  - Regarding Study Leave, JC noted that he is advising his trainees to keep in Turas all their receipts for SL expenses from April onwards. That way at the end of the financial year the NES admin can distribute any underspend equitably.
  - Some uncertainty as to how are references scrutinised after initial recruitment. Checking references is currently not part of the recruitment process and this needs to be clarified to the Health Board's HR departments. RP will take this to the recruitment meeting and to the Heads of School meeting. Depending on the outcome of these discussions she may have to take to MDET.
- CAP – no update
- Dual Training – no update

RP

12.3. DME  
No representative.

12.4. Academic  
No representative.

12.5. College  
It is unclear whether HEE is funding their recruitment drive from HEE budget or from UK budget. JR is checking with the Medical Director of HEE. This was also raised at MDET and it was confirmed that this was not NES money. NES may have to match the funding for these posts.

12.6. BMA  
RG noted that there had been a lot of discussions following the resolution of the Dr Bawa-Garba case.

12.7. Trainee  
No further update.

12.8. Specialty Doctor  
No representative.

12.9. STARG  
 RP noted that there is a mentoring pilot taking place in the South East region to provide undergraduate educational experience in Psychiatry.

13. **Papers for information**  
 No papers received for information.

14. **AOB**

- LaMP  
 It was noted that sometimes the LaMP courses are fully booked. This was due to a capacity issue but it has now been solved. Trainees are responsible for booking their own LaMP courses.

As an option, the College also provides a Leadership and Management training day. JT will invite the organiser to come to the next STB to talk about it.

JT

15. **Date of next meetings**  
 14 May 2018, 10.45am, Room 6, 2 Central Quay, Glasgow  
 03 September 2018, 10.45am, Room 2, Westport, Edinburgh  
 03 December 2018, 10.45am, Room 5, 2 Central Quay, Glasgow

### Action points

Item No.	Item Name	Action	Lead	Deadline
2	Action points: WPBA in ST4	To check letter to CAP trainees with AMG	RP	14/05/18
2	Action points: Deputy TPD in Psychotherapy	To see if there is support at MDET for this post	RP/RMV	21/05/18
3.1	Matters Arising: Outcome 5 generic email	To check automatic email sent to trainees, after next ARCP season	SR	03/09/18
7.1	ARCP: Cross-region working	To revisit cross regional working after ARCPs this year	Agenda	03/09/18
7.3	ARCP: Feedback	To send comments back to Rosie Baillie	RP	14/05/18
7.3	ARCP	To circulate email to all TPDs so they check ARCP requirements on website	RP	14/05/18
7.4	ARCP: Reflection of work out of training	To send template out for wide distribution	RP	14/05/18
8.1	WPBA: Pro-rata WPBA for LTFT	To discuss further with CPT TPDs	EE	14/05/18
9	Paediatrics Mental Health	To distribute new Paediatrics curriculum to the Board	PS	14/05/18
12.2	Specialties updates	To bring up the scrutiny of references to the HoS and the Recruitment groups	RP	14/05/18
14	AOB	To invite College rep to talk about their Leadership and Management course at the next STB	JT	14/05/18