

Rural Fellowship – Roseneath Peninsula

NHS Education for Scotland (NES) and Argyll and Bute HSCP are pleased to offer a one-year Rural Fellowship opportunity for GPs starting August 2026. The Roseneath Fellowship offers experience across several locations Argyll & Bute, mentored by an experienced GP based in Arrochar and serving Garelochhead and Kilcreggan Board-Managed (2c) Practices. The year is flexible, balancing HSCP and Practice needs with personal goals and development needs

The fellowship involves roughly 22 weeks within the base practice in Arrochar and 22 weeks with neighbouring Board-managed practices, rota arrangements can be tailored to work-life balance where ever feasible in line with service delivery needs.

50% Educational Component (approx. 22 weeks):

- **Base Practice (11 weeks):** Integrated into a supportive rural practice with a dedicated mentor in Arrochar.
- **Remote Experience (4 weeks):** Experiencing other remote practices can be with the host health board or further afield.
- **Clinical/Course Leave (7 weeks):** Funded time for hospital/primary care attachments, specialist courses, or projects of your choice.

50% Service Commitment (approx. 22 weeks):

Working across two board managed (2C) GP Practices across the Roseneath Peninsular and within the multidisciplinary team, rota commitments will be split between the merged practices of Garelochhead and Kilcreggan.



Photographer, "Loch Lomond" 2025 Dr. Simon Ardern

The Base Practice: Arrochar Surgery

Located at the head of Loch Long and the foot of the iconic "Cobbler," Arrochar Surgery offers an excellent opportunity to experience rural medicine. Serving a population of 1,200 across a stunning geographical footprint extending from the northern shores of Loch Lomond to the banks of Loch Fyne this is a practice where clinical variety meets an unparalleled outdoor lifestyle.

Unlike many small rural sites, Arrochar offers a unique clinical environment due to it being a vital hub for emergency response. The village hosts a fire station, ambulance station, and mountain rescue base, providing a fascinating intersection between primary care and emergency medicine. For the interested Fellow, there is unique scope to build links with the local Mountain Rescue Team.

You will join a supportive team comprising a Senior GP and an Associate GP. We are in the fortunate position where our capacity aligns with community demand, ensuring you have the "headspace" to practice high quality medicine. We actively encourage the pursuit of special interests, with established opportunities in:

- **Minor Surgery**
- **Contraceptive Implants & Sexual Health**
- **Emergency & Pre Hospital Care**

Arrochar is more than a place to work; it is a world renowned destination for tourism, mountain biking, climbing, and water sports. If you are looking for a practice that values your professional development as much as your passion for the outdoors, Arrochar Surgery is the ideal base for your Fellowship year.

Here is a testimonial from Dr Lesley Cormack, Associate GP, Arrochar Surgery.

"I have been working at Arrochar surgery for almost three years now and I wouldn't want to work anywhere else. The surgery is well run and very supportive. Simon encourages specialist interests and I have been able to develop my women's health skills during my time here. He is very approachable to discuss any cases with no matter how small you think the question is. The demographics of the area and practice size enable you to build good relationships with the patients and your days are not pressured compared to many urban and rural surgeries. You have ample time in the day to consult and do all associated admin without any pressures or rushing. The wider team of the surgery go out of their way to put patients first and are amazing to work with so I look forward to going into work each day. I would highly recommend working here."

Garelochhead and Kilcreggan

Primary care in Garelochhead and Kilcreggan is delivered through two merged 2C practices, with populations of 1,800 and 2,500 respectively. The Practices act as the main point of access for healthcare and provide comprehensive general medical services to their registered populations. The Practices are managed by Argyll and Bute HSCP offering strong links with NHS Highland and leadership support.

Clinicians working in Garelochhead and Kilcreggan benefit from:

- Small, well-defined practice populations
- A high degree of professional autonomy, balanced with supportive governance
- Opportunities to contribute to service development, quality improvement, and new models of care
- Close working relationships with community nursing, pharmacy, and allied health professionals
- Strong links with neighbouring practices and wider primary care networks

The area offers scope for GPs who are interested in portfolio careers, rural innovation, or developing extended skills alongside core general practice.

Dr Turki Alhusaini, Salaried GP, Kilcreggan and Garelochhead Surgeries says: *“Since joining the Kilcreggan and Garelochhead team in October 2025, I felt very challenged as a GP - in a good way! There has been a lot to improve and learn from. I have been working alongside admin and Dr Dicker - another salaried GP - to streamline patient services more efficiently. There is always more room for improvement, and there is plenty of support when needed. We are a close, small team and we are proud to have a harmonious relationship amongst ourselves and with our community of patients. If you like a view of the loch and mountains from your surgery, this is the place to be! From Kilcreggan you can take the ferry across to Gourock and then a train to Glasgow; there is also a train station in nearby Garelochhead and 2 in Helensburgh (the largest nearby town with good restaurants, cafes and supermarkets).”*

The Area

Nestled at the southern end of Argyll & Bute, often referred to as the gateway to the highland and islands, both communities offer a high quality of life, with access to coastal scenery, outdoor activities, and strong local networks. While rural in nature, the area maintains good transport links to surrounding towns, supporting access to education, retail, and wider public services.

Our location offers the perfect marriage of rugged wilderness and modern accessibility. From the iconic shores of Loch Lomond to the hidden coastal gems of the Roseneath Peninsula, the landscape transitions from rolling forests to the dramatic peaks of the Arrochar Alps, a playground for climbers, hikers, and mountain bikers alike.

Photographer Dr Ardern “Loch Lomond “2022”

This is a region defined by its water and its hills. Whether you are sailing on the Gareloch, kayaking through sea lochs, or exploring the ancient woodlands of the Argyll Forest Park, the outdoor opportunities are world class.

Yet, despite the sense of remote tranquillity, you are never far from culture. The area boasts a flourishing food scene with excellent restaurants and loch side bistros that champion the best of local Scottish produce.

What truly sets us apart is our connectivity. At only an hour from Glasgow, you can enjoy a morning coffee in the city and be back on the hills by lunchtime. This makes our corner of Argyll & Bute the ideal base for those who want the "slower pace" of rural medicine without sacrificing the vibrancy and convenience of Scotland's largest city.

We are happy to support successful candidates in finding appropriate accommodation and childcare opportunities by using local knowledge and networks, however responsibility for accommodation lies with the candidate.



