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Welcome to the Summer edition of our Scotland Deanery newsletter. There is a lot happening in August, with commencement of the new training year.

We have a new intake of 830 Foundation Year One medical trainees. The article on Information for New Trainees shows new trainees where to find extremely useful information on the Deanery website. Planning for the GMC visit to the Scotland Deanery has moved on considerably since the Spring issue. The GMC National Review of Scotland 2017/18 article explains the why, what and when of this important event.

CPD Connect provides an excellent service for our GPs, General Practice Nurses and Pharmacists and our article discusses some of the current events. Our article on Death, Dying and Bereavement: Education for Medics features some of the recent developments in this field including three new short animated films on the subject due for launch soon. There is also a review of the highly successful event that was this year’s Scottish Medical Education Conference. Our final article discusses the best use of some of the technology available to us by the RRHEAL VC Education Networks. I do hope you find the newsletter of interest and your feedback is always welcome.
New to Training in Scotland?

Welcome to the Scotland Deanery! We hope that you will enjoy your time here.

An online induction to the deanery will be available from August 2017. You will be able to access it [here](www.scotlanddeanery.nhs.scot).

The Scotland Deanery website [www.scotlanddeanery.nhs.scot](http://www.scotlanddeanery.nhs.scot) is an essential resource which provides you with useful contacts and information in relation to your training. For example:

- **How to apply for Study Leave**
- **What you need to know about your Annual Review of Competence Progression (ARCP)**
- **Professional Support** - options for trainees if they require support (loads of good information in this section – careers, resilience, reasonable adjustments and performance support):
  - Advice and guidance on your options for:
    - Less Than Full Time Training
    - Out of Programme
    - Transfers (Inter deanery/regional)
  - Specific suites of pages in relation to Foundation Training and GP Specialty Training
  - How to Report a Concern
  - Advice and guidance in relation to Recruitment

Feedback is always welcome in relation to the deanery website – please [contact us](mailto:contactus@scotlanddeanery.nhs.scot) if you have any suggestions / comments.
As part of their programme of quality assuring medical education and training across the UK, the General Medical Council undertakes a series of regional or (in the case of the devolved nations) national review visits across the UK.

The GMC will be reviewing Scotland during 2017/18, and this process will include discrete visits to several NHS Scotland Board sites, to all five of Scotland’s medical schools, and to NHS Education for Scotland.

During these visits, the regulator will be seeking assurance that the standards which they have set are being met, and that the curricula which they have approved are being delivered.

Background

Since 2010, the General Medical Council has had responsibility for both undergraduate and postgraduate medical education and training. Their responsibilities include setting standards for education and training, approving the curricula to be completed by postgraduate doctors in training, and monitoring to ensure that the standards they set are maintained.

This work is undertaken under the cover of the GMC Quality Assurance Framework¹, under the terms of which (i) local education providers (LEPs – Health Boards in Scotland) are required to undertake Quality Control (QC) (ii) Postgraduate Deaneries (or LETBs in England) are required to undertake Quality Management (QM) and (iii) the Regulator is responsible for Quality Assurance (QA).

¹ [http://www.gmc-uk.org/education/qaf.asp](http://www.gmc-uk.org/education/qaf.asp)
The standards which the GMC requires to be delivered have recently been revised and refreshed, and for the first time these are set out in a single document, which covers both undergraduate and postgraduate education and training. This document is entitled Promoting excellence – standards for medical education and training².

A regional review involves visiting (i) the medical school or schools; (ii) the organisations responsible for postgraduate training and (iii) some NHS trusts or boards which are responsible for delivering training in a region.

The entire process takes approximately 12 months, and GMC have set out an indicative timetable³.

Following an internal review of GMC evidence, the GMC decide which organisations will be visited and which specialties will be the focus of the review. Early in the process, the visit teams will meet with senior representatives from the organisations being visited to outline the process.

Typically, these meetings are attended by senior colleagues from organisations ‘in scope’ (Chief Executive, Medical Director, Director of Medical Education). For Scotland, the initial visit with senior teams took place in April/May, and the GMC have confirmed that:

² http://www.gmc-uk.org/education/standards.asp
³ http://www.gmc-uk.org/Regional_review_process.pdf_60957540.pdf
Alongside visits to NHS Education for Scotland and the five medical schools, the review will include visits to 8 Health Boards. The sites to be visited are:

- University Hospital Crosshouse, NHS Ayrshire & Arran
- Victoria Hospital, NHS Fife
- Aberdeen Royal Infirmary, NHS Grampian
- Inverclyde Royal Hospital, NHS Greater Glasgow & Clyde
- Royal Infirmary of Edinburgh, NHS Lothian
- Royal Hospital for Sick Children, NHS Lothian
- Gilbert Bain Hospital, NHS Shetland
- Ninewells Hospital, NHS Tayside
- Western Isles Hospital, NHS Western Isles

Those organisations being visited have been invited to complete a self-assessment against the standards, and to provide supporting documentary evidence – this has now been submitted by all organisations to be visited.

The visit teams will now use the evidence base and documents provided to develop an ‘action plan’ for the visit, which will be shared.

A series of site visits has now been planned. The first of these will be to LEPs, and will include meetings with education/senior management teams, students, trainees (foundation and specialty) and supervisors (undergraduate and postgraduate). Typically, these meetings are also attended by senior colleagues from organisations ‘in scope’ (Chief Executive, Medical Director, Director of Medical Education).
During the second sequence of meetings visit teams will meet with medical school management, students, teachers (university and clinical including GP) and school staff responsible for: the curriculum, assessment, student support/fitness to practise, and quality management.

Finally, visit teams will meet with deanery management teams, postgraduate dean, heads of school and training programme directors (for selected specialties), and staff with responsibility for: quality management, fitness to practise/ doctors in difficulty and transitions.

The current visit timetable is set out below. For the purposes of this review, the GMC is deploying two teams across Scotland:

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Team North</th>
<th>Team South</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>03-Oct</td>
<td>Gilbert Bain Hospital (pm)</td>
<td></td>
</tr>
<tr>
<td>Wednesday</td>
<td>04-Oct</td>
<td>Gilbert Bain Hospital (am)</td>
<td>Royal Infirmary of Edinburgh</td>
</tr>
<tr>
<td>Thursday</td>
<td>05-Oct</td>
<td>Western Isles Hospital</td>
<td>Royal Hospital for Sick children</td>
</tr>
<tr>
<td>Friday</td>
<td>06-Oct</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday</td>
<td>10-Oct</td>
<td>Aberdeen Royal Infirmary</td>
<td>Inverclyde Royal Hospital</td>
</tr>
<tr>
<td>Wednesday</td>
<td>11-Oct</td>
<td></td>
<td>University Hospital Crosshouse</td>
</tr>
<tr>
<td>Thursday</td>
<td>12-Oct</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thursday</td>
<td>02-Nov</td>
<td>Ninewells Hospital</td>
<td></td>
</tr>
<tr>
<td>Friday</td>
<td>03-Nov</td>
<td>Victoria Hospital</td>
<td></td>
</tr>
<tr>
<td>Monday</td>
<td>06-Nov</td>
<td>Dundee School of Medicine</td>
<td>Edinburgh Medical School</td>
</tr>
<tr>
<td>Tuesday</td>
<td>07-Nov</td>
<td>St. Andrews School of Medicine</td>
<td>Glasgow School of Medicine</td>
</tr>
<tr>
<td>Wednesday</td>
<td>08-Nov</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wednesday</td>
<td>22-Nov</td>
<td>Aberdeen School of Medicine</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Combined Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>11-Dec</td>
<td>NES Head Office, Westport</td>
</tr>
<tr>
<td>Tuesday</td>
<td>12-Dec</td>
<td>NES Head Office, Westport</td>
</tr>
</tbody>
</table>
During each visit, the visit team will use a series of exploratory questions to assess compliance with standards – these are now published⁴.

Collaborative work is already underway through a group (Taskforce for Improving the Quality of Medical Education) involving Board Medical Directors, Directors of Medical Education, Medical School Leads and NES Lead Dean/Directors to prepare for this review.

Following the visit, each organisation visited will receive a report, which will include (i) identification of areas of good practice, (ii) areas which are working well, (iii) required actions where standards are not being met and (iv) recommendations for improvement. We anticipate, therefore, that this review will result in 9 LEP reports, 5 medical school reports, and 1 Deanery report. In addition, there will be a regional/national overview report. We anticipate that these will be published in Q1 2018.

⁴ http://www.gmc-uk.org/GMC_Exploratory_questions.pdf_68286858.pdf
CPD Connect is your national service for Continuing Professional Development in Scotland, aimed primarily at general practitioners, general practice nurses and pharmacists.

Please visit our website at: www.cpdconnect.nhs.scot to find out more about our upcoming events and about Practice Based Small Group Learning (PBSGL).

Attending our courses or participating in PBSGL supports practitioners in fulfilling their CPD, annual appraisal, and GMC revalidation requirements. In fact, you can upload your learning directly to SOAR from our website!

What is Practice Based Small Group Learning (PBSGL)?

Self-forming groups of professionals meet on a regular basis to study educational modules together. Over 33% of all GPs in Scotland are now involved in PBSGL groups and with growing numbers of practice nurse and pharmacist members, mixed professional groups are becoming more common.

The writing team produce on average 12-14 new modules each year, with approximately 70 modules available in total on our website. The annual membership fee gives members access to the full range of modules.

Some of our more recently published modules are noted below:

• COPD - Published June 2017
• Mental Health problems in older children and adolescents - Published June 2017
• Illness in the Returning Traveller - Published May 2017
• Bereavement - Published April 2017
• Prescribing at the End of Life - Published March 2017
• Short Cases: Neurology - Published February 2017
• Anxiety Disorders in Adults - Published February 2017
• Post-Menopausal Symptoms - Published February 2017
Cradle to Grave Clinical Updates

These courses consist of a series of short presentations on common healthcare problems from early childhood to old age. All our speakers are local GPs with special interests, NHS consultants and healthcare professionals who have worked with the NES team to identify key learning points from their specific area of expertise.

Our Edinburgh date has been confirmed as 11th November 2017, and details of our Aberdeen and Glasgow events will be released very soon, so please look out for more information.

Some of our upcoming courses and workshops are listed below and full details are available at:

www.cpdconnect.nhs.scot

<table>
<thead>
<tr>
<th>Title</th>
<th>Date(s)</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advanced Leadership for GPs and Pharmacists</td>
<td>6 day course – starting 6th September 2017</td>
<td>Glasgow</td>
</tr>
<tr>
<td>A Taste of Leadership</td>
<td>20th September 2017</td>
<td>Stirling</td>
</tr>
<tr>
<td>Business of General Practice</td>
<td>3rd October 2017</td>
<td>Aberdeen</td>
</tr>
<tr>
<td>Mindfulness in the Consultation</td>
<td>3rd November 2017</td>
<td>Edinburgh</td>
</tr>
<tr>
<td>The HR Journey in General Practice</td>
<td>7th November 2017 and 29th November 2017</td>
<td>Glasgow, Edinburgh</td>
</tr>
<tr>
<td>Cradle to Grave – Clinical Update</td>
<td>11th November 2017</td>
<td>Edinburgh</td>
</tr>
<tr>
<td>Care of the Housebound Patient</td>
<td>25th January 2018</td>
<td>Glasgow</td>
</tr>
<tr>
<td>Joint Injections</td>
<td>23rd February 2018 (PM)</td>
<td>Edinburgh</td>
</tr>
<tr>
<td>Develop Self, Others and Service</td>
<td>28th February 2018</td>
<td>Dundee</td>
</tr>
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</table>

Please email the team at cpdconnect@nes.scot.nhs.uk if you have any queries about our resources.
The Death Certification Review Service (DCRS) and NHS Education for Scotland (NES) have developed a new online educational resource *Death Certification: Identifying Common Mistakes*. The module is intended for doctors who are completing medical certificates of cause of death in Scotland or doctors who have finished a training module on death certification and wish to confirm or improve their understanding of the subject.

The DCRS has been in operation for two years to lead the delivery of a national system of proportionate, independent scrutiny of those deaths in Scotland not reported to the Procurator Fiscal. The focus of the DCRS is to improve the accuracy and quality of completion of Medical Certificates of Cause of Death (MCCDs) and provide better public health information and contribute to safer clinical practice. In year 1 (2015) the percentage of MCCDs found to be ‘not in order’ was 47.1%, this decreased in year 2 (2016) to 39.6%. Of those not in order, 93.6% had more minor errors requiring an email amendment and 6.4% needed a replacement MCCD due to either a more major error or the unavailability of the certifying doctor.

The other two new animations cover discussions about the withdrawal of active treatment within an intensive care setting and reflections on how junior medical staff deal with situations where patients are approaching life’s end and where they are unable to provide cure.

For more information about any of the above please follow us at @NES_Bereavement or contact us at supportarounddeath@nes.scot.nhs.uk. You can also use this email address to request that you be added to the NES bereavement e-newsletter. This will keep you informed of new educational resources and other work that NES is leading on topics linked to death, dying and bereavement for health and social care professionals.
The 7th Scottish Medical Education Conference was held at the Edinburgh International Conference Centre on Thursday 4th and Friday 5th May 2017 and incorporated the annual Medical Appraisal Conference, the Practice Nurse Conference and Practice Managers Conference.

Keynote presentations were given by:

- Jim Mackey, Chief Executive, NHS Improvement - “The NHS – Delivery, Leadership and Education”
- Professor Val Wass Head of the School of Medicine at Keele University
- Dr Colin Melville, Director of Education and Standards, General Medical Council
- Professor Jon Dowell – School of Medicine, University of Dundee – talking about UKMED
- Chief Medical Officer – Catherine Calderwood
- Chief Pharmaceutical Officer - Rose-Marie Parr

1071 delegates attended the conference – a record number.

### Attendance by Conference:

- **Medical (including Medical Education, Medical Appraisal and Practice Managers)**: 872
- **General Practice Nursing**: 80
- **Pharmacy Excellence in Education**: 119
There were workshops and parallel sessions covering a range of topics relating to undergraduate and postgraduate medical education and training, medical appraisal, patient safety and workforce issues.

There were **125 posters** presented with the five highest scoring abstracts being delivered as plenary short oral presentations:

1. How Good is your Learning Environment: Measuring UK Medical Students’ Perceptions of Different Learning Environments
   **Dr Ruby Roberts**, Research Fellow, Centre for Healthcare Education & Research Innovation

2. The Development of a Behavioural Marker System to Assess the Non-Technical Skills of Medical Students in Acute Care - The Medi-StuNTS System
   **Dr Joanne Kerins**, Core Medical Trainee, NHS Lothian

3. A Novel Method for Teaching ECGs: Learn by Drawing
   **Dr Mina N. Arsanious**, University of Edinburgh

4. Not all Sunshine and Rainbows - Findings from a Qualitative Study of Newly Qualified Scottish Doctors Learning about ‘Do Not Attempt CPR’ Decisions
   **Dr Shaun Peter Qureshi**, Clinical Fellow in Medical Education, University of Edinburgh/NHS Fife

5. Does the Mandatory Postgraduate UK Surgical Exam Predict Selection into Higher Specialty Training?
   **Professor Jennifer Cleland**, Director, Scottish Medical Education Research Consortium (SMERC): John Simpson Chair of Medical Education Research, University of Aberdeen
Prizes were awarded for the best oral and poster presentations. A number of awards were also given out at the congress awards dinner to recognise outstanding contributions to medical education and training in Scotland.

Feedback from the conference has been very positive, and highlighted the excellent programme and opportunity to network with colleagues throughout Scotland with an interest in medical education/training and appraisal.

Dates for next year’s 8th Scottish Medical Education Conference are Thursday 26th and Friday 27th April 2018.
RRHEAL Video Conferencing Education Network

As we know digital technology can help us transform healthcare services and the experiences of people who use them. It is also helping us transform and enhance our healthcare workforce experience of learning.

RRHEAL had identified an ongoing priority need for more accessible and inclusive forms of continuing professional development across the remote, rural and Island multidisciplinary workforce. Challenges releasing staff from clinical service, against a need for ongoing educational support to support service improvements and financial constraints all contributed further to this need.

A specific request was received from an Islands NHS Board in 2013, seeking increased accessibility to ongoing education for remote islands healthcare teams who were based in remote small hospitals with broad/generalist responsibility covering large geographical areas. Logistically it was not possible to move staff to a more centralised location or support ongoing ‘top up’ education sessions with appropriate clinical ‘back-fill’.

This meant there was a need for accessible education and a means of networking with interdisciplinary staff beyond the local peer group which could be delivered affordably and minimal disruption to clinical service. To ensure the education was of high quality it was necessary for sessions to be delivered by subject experts with the ability to present content contextually relevant to remote, rural and Island service delivery. RRHEAL committed to trialling delivery of an educational network via VC links with the Northern Islands teams. Following the successful pilot of the Northern Isles VC Education Network, RRHEAL progressed this networked approach to include all rural, remote and Island Scottish NHS Boards and Partnerships and we now have the RRHEAL VC
Using Technology to do things better and to do better things

Education Network, RGH VC Education Network and will shortly deliver R&R Critical Care /HDU VC Network Education. During the development of these networks, RRHEAL gained knowledge and understanding of optimal ways of delivering VC education and has developed video conferencing education guides which provide practical and straightforward information to assist others in using videoconferencing for communication, training, teaching and learning.

Evaluations by attendees following VC sessions indicate that participants have been deriving benefit from these sessions and overall satisfaction levels are good. The graph below is feedback from the 77 participants of the RRHEAL Rural General Hospitals VC Education Network sessions in 2016.

![Q17. Overall VC Engagement](image-url)
There has also been good participation from most areas where the VC Networks are offered. The following graph represents the number of participants from the RRHEAL RGH VC Education Network by location since it started in April 2016. This network is primarily aimed at the multidisciplinary workforce of the six Rural General Hospitals in Shetland, Orkney and Highland.

The development and delivery of RRHEAL’s VC Education Networks forms part of and compliments the NES Digital Transformation. You can find out more about RRHEAL work to support NES Digital Transformation and a technology enabled remote and rural workforce here at rrheal.nes.nhs.uk
If you are using an iPhone or iPad to view NES PDFs you will need to download a free viewer from the app store to benefit from the full range of navigation features, including the clickable contents menus. Follow the steps below to install and use the viewer.

**Downloading the viewer**

The viewer we recommend using is PDF Pro, a free to download viewer available on the app store. To install the viewer, simply click on the App Store Icon on your home screen and then search for ‘PDF Pro’.

Click on the blue box at the right hand corner which says “FREE”. It will then turn green and the word will change to “INSTALL”.

Click once more and the viewer will begin to download and install on your device. If you have a password set up on your device it may ask you for this now.

**Please note:** you will need to have adequate free space to install.

**Using PDF Pro**

Using the viewer is simple. Once installed it will be automatically added to the options for viewing when opening a PDF. Simply navigate to the location on the web using Safari, click on the PDF you want to view and an option will appear at the corner of the screen which says “Open in...”

Click on the “Open in...” option, followed by the PDF Pro icon and the PDF will launch in the viewer.

Once viewing in PDF Pro all of the navigational features will be functional, so simply tap the buttons onscreen to get started.